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# From The Principal's Desk



#### Dear Parents.

Every child is an institution in themselves, unique, invaluable, and full of promise. Like malleable clay, a child is a divine gift entrusted to us to shape and nurture. It is, therefore, our profound responsibility to guide and refine these young minds, helping them discover their true potential and purpose.

This sacred duty calls for the harmonious blending of the Head, Heart, and Hand. When intellect, empathy, and action work together, they illuminate each child's path to self-realization. With love and dedication, this labour of love leads to Peace, Progress, and Prosperity for individuals and for society at large. It is a reminder of the vital role we play in shaping innocent souls into confident, compassionate, and capable individuals.

We are delighted to bring you another edition of our E-Newsletter, filled with stories of our children's growth and achievements. We sincerely thank you for your constant support, trust, and cooperation in the education of your children. Please take a few moments to scroll through the pages and share in the joy of their learning journey.

A heartfelt thank you to Mrs. Meesha and Honhaar for beautifully compiling all the vibrant activities from July to September into this engaging E-Newsletter. Your creativity, dedication, and attention to detail have truly captured the spirit and life of our school. This thoughtful effort will surely bring joy and pride to our parents as they glimpse the wonderful experiences their children are part of.

Thank you

God bless Sr Ophilia Lobo Principal



### **Words Of Wisdom**



Dear Parents, Teachers, and Little Learners,

It gives me immense joy to present this edition of our Kindergarten E-magazine - a celebration of curiosity, creativity, and the boundless energy that fills our school every day. Each giggle, each drawing, and every small achievement reflects the magic of early learning and the dedication of our teachers and families.

At this tender age, children learn best through play, exploration, and love. Our aim is to nurture every child's natural wonder and confidence, helping them take their first joyful steps into learning. The pages that follow capture not only their artistic talents but also their imagination, kindness, and dreams.

I extend heartfelt appreciation to our teachers for their commitment and to our parents for their constant support. Together, we build a foundation of learning that will last a lifetime. Let us continue to inspire our young learners to dream big, stay curious, and spread kindness wherever they go.

Sr Helima

KG Headmistress



### Words Of Wisdom



"Tell me, I forget, teach me I remember, involve me and I learn."

- Benjamin Franklin

Every day in school is adventure for children. When they learn, play & explore they discover new things in exciting ways. Learning is not just about books when they move, create and play their minds grow stronger & heart happier.

Active learning takes place in primary classes. We try to engage children in various activities such as art, craft, dramatics, public speaking and storytelling, etc.. Every activity helps them to grow stronger, smarter and kinder. Outdoor activities promote team spirit, sharing, confidence and social development.

Children learn by integrating play with learning. The teachers and parents help them to build a strong foundation for life long. So let us provide a better atmosphere to grow in every aspect.

Today's Children, Tomorrow's Citizens.

Sr Elsie

**Primary Headmistress** 



### Message From The Editor



Dear Readers.

Welcome to a brand-new edition of Prism!

As we turn another page in our school's journey, this volume captures the energy, resilience, and brilliance that define every Josephite.

At St Joseph's Convent School, Bathinda, we nurture minds that question, hearts that care, and hands that build. Education, for us, is not only about mastering subjects - it is about discovering one's voice, values, and vision in an ever-evolving world.

The months covered in this issue stand as a testimony to unwavering effort and innovation. Whether in academics, arts, or service, our students have shown that excellence is not achieved by chance but through consistent dedication and belief in oneself.

This edition of Prism shines because of the collaboration between teachers, students, and the guiding light of our respected Principal, Sr Ophilia. Her presence continues to inspire us to dream higher and work harder.

May this newsletter remind us all that growth happens every time we step out of our comfort zone - and that every Josephite carries within them the spark to light up the world.

Warm regards, Honhaar Sidhu Editor and Designer



# DEVELOPMENT

Bur Recent Milestones



# YELLOW DAY





The LKG students enthusiastically celebrated Yellow Color Day. A variety of fun activities aimed at encouraging colour awareness and creativity took place throughout the day. The kids loved eating yellow food like maize and bananas. Singing songs about the vivid hue, and hand writing with yellow paint. This lively event encouraged their artistic and culinary discovery.















# 

Activities executed from July to September 2025 in KG and Primary Wing



### SCHOOL TOUR

Class I children embarked on an amazing school excursion. It was full of new experiences, learning, and enjoyment. For young students, it was an unforgettable day filled with pleasure, laughter, and exploration.









### NATURE NURTURE

A science exercise called "Nurture Nature" was carried out for class V, to raise students' awareness about the environment and to instil in them a feeling of responsibility to protect and preserve natural resources.









### MATHS ACTIVITY

Maths activity was organised for class I students to make learning engaging. The comprehension of numbers was improved by the exercise, which also improved their capacity for cooperation and logical thought.









### WORD BUILDING



A word-building activity in Hindi was designed for class II students to enhance their vocabulary, spelling, and creative thinking. This exercise aimed to cultivate essential literary skills while encouraging them to use language more effectively.











### COMPUTER ACTIVITY







Class Ш students participated in computer activity where they creatively showcased their skills by designing a flowchart that outlined the various components of the CPU. The children enthusiastic and were truly enjoyed the exercise.





# SUDOKU ACTIVITY

Class V students
engaged in a
Sudoku exercise
designed to
enhance their
cognition, logical
reasoning, and
problem-solving
skills.













### PUNJABI NEWSPAPER READING

### Daily News

Punjabi Newspaper Reading Activity was organised for Class IV to encourage the habit of reading from an early age. The children enthusiastically participated in the exercise, which greatly enhanced their language skills.









### HINDI COLLAGE MAKING

UKG students participated in a fun and engaging Hindi Collage-Making Activity that emphasised recognising letters and images. With great enthusiasm, the children utilised various Hindi letters along with corresponding images to create beautiful collages.







### FLAG MAKING



Flag Drawing Activity was organised for class II students to celebrate creativity and patriotism. The children participated with immense enthusiasm, using vibrant colours to create a beautiful representation of the Indian National flag. It was a joyful and educational event that fostered love and respect for our country among the children.



### PEOPLE WHO HELP US

An engaging activity titled "People Who Help Us" was conducted for class I students. Children actively participated and showcased their understanding of various community workers, including teachers, police officers, carpenters, gardeners, electricians, nurses, and more.





### TRICOLOUR FLOWER MAKING









Tricolour Flower Making Activity took place for the Class III students as part of the patriotic celebrations. The young learners eagerly engaged in this exercise, which aimed to blend artistry patriotism. lt meaningful event instilled a sense of pride and love for their country in the hearts of children.



Collage Making Activity took place in Class II to help students recognise and understand the various matras in Punjabi. Not only did this exercise foster their creativity, but the children's enthusiastic involvement in pasting images linked to different matras also sparked their interest in the Punjabi language.









### SHOW AND TELL ACTIVITY

Class I students engaged in a Show-and-Tell activity where they showcased ice cream sticks embellished with cutouts of fruits and vegetables. Each child took their turn on stage to deliver a brief presentation about the fruit or vegetable they were enjoying.



Class V students took part in a Landform Model Making Activity to gain hands-on experience with various landforms and the physical features of the Earth's surface. They crafted impressive models representing mountains, valleys, plateaus, islands, plains, and other diverse landscapes.







### COMPUTER ACTIVITY

Class II pupils enthusiastically participated in a computer activity focused on "Peripheral Devices of a Computer." The young learners crafted impressive collages that highlighted various peripheral devices, demonstrating both their creativity and comprehension of the topic.





# GUARDIANS

To promote environmentally friendly habits and support the ongoing campaign against single-use plastics, the Punjab State Pollution Control Board sponsored the distribution of durable jute bags to faculty members and students. This initiative aimed to raise awareness about sustainable alternatives to plastic. Both faculty and students embraced the gesture, representing a positive move towards cultivating eco-consciousness within the academic community.













As part of an eco-friendly initiative, sapling plantation drives were organised by the students of UKG and LKG. The young learners enthusiastically engaged in nurturing the environment, fostering ecological balance, and enhancing biodiversity.





Under the direction of Dr Ranjana Garg, class VI started a significant tree planting project. With the goal of encouraging students' environmental consciousness and responsibility. Every student had to sow a seed at home, give it a name to forge a personal connection, and tend to it until it developed into a sapling. Bringing these seedlings to school was the last stage, signifying the group's commitment to a more environmentally friendly future

















# COMPETITIONS

Competitions executed from July to September 2025 in KG and Primary Wing



# SOLO DANCE COMPETITIONS (PRIMARY)

Dance embodies the essence of life and the joy of movement. To celebrate this spirit, solo dance competitions for Class II and III were organised. The young performers showcased their talent with remarkable confidence and enthusiasm.



















# SOLO DANCE COMPETITIONS (KG)



Classes LKG and UKG brought the spirit of dance to life during their solo dance competitions. Young performers illuminated the stage with their graceful movements, colourful costumes, and beaming smiles. Their creativity, confidence, and enthusiasm captivated the audience, turning the event into a delightful celebration of rhythm, expression, and the limitless energy of childhood.



















# PUNJABI CALLIGRAPHY











# NATURE HUNT

Class IV took part in a Nature Hunt competition aimed at fostering artistic expression and critical thinking. To craft beautiful images, scenes, and collages, students creatively arranged dried leaves, flower petals, and twigs on A4 pages. This exercise encouraged imagination, attention to detail, and an appreciation for the beauty of nature.







### QUIZ ON FR RAYMOND'S LIFE







Students from classes LKG, UKG, and I took part in a quiz tournament aimed at enhancing learning, information retention, and critical thinking skills. The quiz was based on Fr Raymond's biography, with the goal of raising awareness about his inspiring journey and imparting valuable ideals.



### HINDI RECITATION

Hindi recitation competition was organised for Class I students, focusing on the themes of Bethany Foundation Day and "देश प्रेम" (Patriotism). The young participants delivered heartfelt and moving poetry infused with a strong sense of patriotism. This event was a wonderful opportunity for students to enhance their pronunciation, and expressiveness.











# ENGLISH CALLIGRAPHY

English Calligraphy Competition highlighted the remarkable penmanship, creativity, and attention to detail of our young learners. The students participated enthusiastically, showcasing their skills through elegantly crafted words and letters.





# PUNJABI SLOGAN WRITING

Slogans have historically served as powerful tools for inspiring and uniting individuals around a shared objective. Punjabi Slogan Writing contest with a patriotic theme was organised for Class IV students to celebrate India's independence. The compelling slogans showcased a deep sense of patriotism and respect for the sacrifices made by our freedom fighters.







### INTER HOUSE TUG OF WAR

### (C)(C)

Class IV students took part in an exhilarating Inter-house Tug-of-War competition on the school ground. The pupils displayed immense energy, teamwork, and commitment, fostering a lively and spirited atmosphere.







### HINDI SPEECH

A Hindi speech competition was organized for Class V students, offering them a platform to confidently express their thoughts in our native language. The main objectives were to enhance the students' public speaking skills and to broaden their vocabulary.









### INTER HOUSE PATRIOTIC SONG COMPETITIONS

In honour of our deep love and dedication to our country, inter-class patriotic song competitions were organised for students in classes II, IV, and V. The young vocalists filled the atmosphere with beautiful tributes to India, performing with pride, unity, and exuberance.



















# SPECIAL SPECIA

Commemorating Values,

Celebrating Spirit



### FOUNDATION DAY

Our enthusiastic kindergarteners joyfully celebrated Bethany's Foundation Day. The Class 1 students showcased an impressive blend of dance, music, and skits. Each element of the program highlighted the dedication and hard work of both the teachers and children, resulting in a remarkable success and a day that will be cherished by all.

















### INDEPENDENCE DAY (KG)









PICE K G-S



The students and teachers of UKG united to commemorate Independence Day with vibrant enthusiasm and a strong sense of patriotism. The celebration showcased lively performances by the little ones. This event not only sparked pride in the hearts of the young but also served as a poignant reminder of the sacrifices made for our freedom.





A vibrant and patriotic Independence Day presentation titled "Resonance of Courage" was delivered by class III students. This event reminded everyone of the bravery and resilience that shaped our nation's history and encouraged a commitment to uphold the values of integrity and unity.



### GRANDPARENTS' DAY











### FLAG HOISTING

The school campus came alive on 15 August as the students and the faculty members gathered to mark the Nation's Independence Day with pride and reverence. Melodious songs stirred the audience's emotions, reflecting the spirit of freedom. The highlight of the event was the flag hoisting ceremony, led by the Principal, followed by the soulful singing of the National Anthem and patriotic songs. The moment filled everyone with a renewed sense of unity and belonging. Inspirational speeches were delivered by Sr Grace Maria and Sr Ophilia and two faculty members, each emphasising the value of safeguarding the hard-earned liberty of the nation.

















### TEACHERS' DAY



The school celebrated the much awaited Teachers' Day. The program began with a prayer and lamp lighting ceremony, followed by cultural performances and speeches dedicated to teachers. Students expressed gratitude through planters and small gestures of appreciation. The school Principal Sr Ophilia, addressed the students, highlighting the vital role of teachers in shaping character and future. The event concluded with a renewed sense of respect and admiration for the mentors.

































Learning Beyond the Classroom Walls



#### JULY

For little LKG students, it was a delightful Bagless Day! The children were entertained and involved in a variety of engaging activities, such as the "Move the Cup" race, "Put the Ball in the Box," and "Sorting Objects with Letters A to T." The day was filled with fun, education, and plenty of laughter.



A Bagless Day was organised for students of classes II and III to alleviate the routine nature of traditional classroom teaching. This initiative aimed to foster practical experiences, creativity, and hands-on activities. The learning experiences of the pupils were enriched through a diverse range of indoor and outdoor activities.





Students in Class I enjoyed a fantastic time celebrating Bagless Day, which was packed with engaging and entertaining activities. They also marked International Tiger Day, observed globally on July 29 each year. With creativity and enthusiasm, they crafted beautiful Friendship Day cards for their friends, conveying their love and affection.



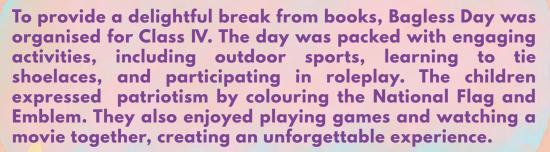
The UKG students joyfully marked Bagless Day, starting the event with an energizing warm-up aimed at invigorating both their bodies and minds. The children eagerly took part in a variety of enjoyable games that filled the day with excitement and happiness. They also had a creative time using clay to make different items, which helped to enhance their fine motor skills. All in all, it was a delightful, engaging, and educational experience.





#### AUGUST











Focusing on the significance of independence and instilling patriotic values in our young learners, a special Bagless Day was organised for classes UKG and I. The children thoroughly enjoyed crafting tricolour artworks through cutting and pasting, engaging in fun games, and expressing their love for the country by singing and dancing to patriotic songs.









## 

Nental Care Sessions



#### KG BLOCK



A Dental Orientation Program and Oral Check-up was held for Class I students and was led by the highly skilled dental specialists, Dr Sachin Garg and Dr Neha. The session aimed to raise awareness about the significance of oral hygiene among young children. The doctors shared their expertise by teaching students the correct techniques for brushing and flossing. They also highlighted the importance of cultivating good oral care habits from an early age.



#### PRIMARY BLOCK



In July, a fun and educational dental care event was planned for kids from classes II to V to assist them understand the value of maintaining their teeth. Dr Neha, offered helpful advice on practicing proper dental hygiene. The very engaging lesson urged kids to develop good dental practices.









# FOR CHAIN

When teachers learn, students shine



### SKIN CARE AWARENESS

An enlightening session was conducted for the teachers on skin health and dermatological awareness, featuring the insights of an esteemed guest dermatologist, Dr Parul. The session aimed to spread awareness about common skin concerns, debunk myths around skincare, and encourage healthier habits among the audience. The session covered a range of topics including acne management, sun protection, hydration, seasonal skin care, and the dangers of self-medication and unverified beauty trends. The interaction motivated the staff to care for their skin the right way.









#### STAFF MEETING

St Joseph's Convent School heartily welcomed Sr Renuka as the new Vice Principal. A staff meeting was held on the onset of school after summer vacation. The gathering, led by Sr Grace Maria and Sr Ophilia Lobo, emphasised the need for compassionate support for students showing signs of distraction or slow learning. Teachers were encouraged to adopt a heart-centered, holistic teaching approach and ensure continuous student engagement.















#### PRAYER SESSION

A serene and spiritually enriching prayer session was held under the guidance of Rev Fr Nishant IMS. The session was attended by the school administration and the faculty members. Fr Nishant, known for his gentle demeanor and profound spiritual insight, led the gathering with grace and warmth. His words resonated deeply, as he emphasised themes of Enlightenment, Connection of Spirituality in Education and Sanskara-values.













Every effort deserves applause





Keerat Kaur (IV-B) bagged the third position and a certificate in colouring sketch competition.



Bhavesh Mittal (V-A) received a trophy in sharp brain abacus competition.



Pranshi (VIII-D), Gurnaaz Kaur (V-D), Kayra (V-D) and Adab Singh Arshi (I-E) cleared Level One in International Abacus Olympiad.



Samar Kansal (IV-B) won a medal and a trophy at MAFA summer league.



Himansh Goyal (III-A) who achieved International Rank 1 in SOF International Mathematics Olympiad conducted in 96499 schools across 72 countries. Competing with thousands of brilliant minds across the globe and becoming a recipient of Gold medal together with a gift cheque worth Rs 1000 and a Certificate of Outstanding Performance has made us all proud of his spectacular achievement.





A sapling was planted in the school campus by the students of UKG-A in a joyful and eco-friendly way. KG Headmistress Sr Helima congratulated the students for the initiative.



Ananya Garg (V-C) received a medal in cycling and running from Bathinda cycling group.



Vaani Garg (IV-B) won a medal and a certificate of appreciation at Run against drugs event.



Rubaab (V-C) won second position at Zonal Athletics Tournament.



Our students participated in both Zonal and District Skating Competition. Saadat (IV-D) won one gold and 2 silver medals, Sargun (V-D) won 1 silver and 2 bronze medals and Barkat (V-E) won one bronze medal.



Mehveen Kaur (II-C) won bronze medal and a certificate at 1st Open District Sub Junior MMA Championship.





Our students partipated in International Abacus Olympiad 2025. Details of the same are as follows: Sanyam Garg (IV-C) won a trophy, a certificate and a medal. Sophia (V-B), Bhavesh Mittal (V-A), Ransher Kamboj (VI-E), Lauren(VI-A) and Deveshvir Singh (IX-B) received a certificate and a medal.



Shalmali Garg (I-C) secured second position in under 7 girls Punjab State School Championship 2025 (Game-Chess).



Zorawar Singh Dhillon (V-E) bagged second position in Air Pistol Shooting Competition.



Meher Gupta (I-C) won silver medal in kickboxing at First Open District Pro Mixed Martial Arts Championship.



Shalmali (I-C), Barkat (V-E) won THE FIRST position (Under 11) at Girls Zonal Chess Competition.





Shalmali (I-C) and Barkat (V-E) won the first position (Under 11) at Girls Zonal Chess Competition.



Shalmali Garg (I-C) won a gold medal in U-11 Zonal Chess Tournament. She has been selected for District Level.



Kyansh Maheshwari (IV-B) received a certificate in a Chess tournament.



Mehransh (V-D), Japtegh (V-D), Navyan (V-C) and Tanush (III-E) bagged THE FIRST position in Zonal Badminton Tournament.



Varseerat (III-C) and Anahat (V-E) bagged the first position in Zonal Badminton Tournament.

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#### OLYMPIADS



Josephites stunningly won awards in the second level of Indian Talent Olympiad 2024-2025. Himansh Goyal of class III secured State rank 2 in Mathematics and was awarded with a State Level certificate along with a scholarship of Rs 2000/-.

Pragun Goyal of Class IV achieved State Rank 3 in Mathematics and was bestowed with a scholarship of Rs 1200/-.

Aariv Malhotra of class VIII claimed State Rank 8 in Mathematics and was accorded with a scholarship of Rs 700/-. Bhumika of class IX secured State Rank 5 in the subject of English and was awarded with a State Level certificate along with a scholarship of Rs 1200/-.

Medal of Excellence were awarded to the following students - Gursifat Singh Bains (class IV) in English, Ojaswi Pathak (class IV) in Science, Pragunveer Kaur (class V) in English, Delansh Singla (class V) in Mathematics, Gurrehmat Sidhu (class V) in Science and Digant Mittal (class VI) in Science, Sidharth Kumar (class IX) in Science and Maths, Grishita Bansal (class IX) in Social Science subject.



Students of our school distinguished themselves with their stupendous academic performance in SOF exams.

Josephites set a benchmark with their stupendous academic performance in SOF exams. Himansh Goyal (III-A) achieved International Rank 1 in SOF IMO and was awarded with a Gold medal together with a gift cheque worth Rs 1000 and a Certificate of Outstanding Performance. Saransh Gupta (VI-B) contributed to the school's prestige by securing Zonal Rank 6 in International Social Studies Olympiad and has been bestowed with a gift cheque of Rs 500/with a Certificate of Zonal Excellence. Igra (VI-A) attained Zonal Rank 9 in Mathematics and was presented with a gift cheque of Rs 500/- together with a Certificate of Zonal Excellence. Anirudh (III-D) in ISSO, Gursifat Singh Bains (IV-D) in NSO, Manya Saini (VI-D) in IEO, Jasniaz (VII-B) in ISSO, Ishaan Mittal (VII-A) in ISSO, Ishaan Mittal (VII-A) in ISSO, Divansh Gupta (VIII-E) in IMO, Aariv Malhotra (VIII-D) in ICSO elevated the school's name winning by Certificates of Excellence at Zonal Level in different subjects.



## TRAIL OF AWARDS



Sr Ophilia Lobo, the esteemed Sister Principal of St Joseph's Convent School, has been nationally recognized for her outstanding contributions to education. She was conferred the Rabindranath Tagore National Principal's Award 2025 at the Rabindranath Tagore National Awards held on 5th July 2025 in Chandigarh. Additionally, she was honored with the Best Principal Award by the Indian Talent Olympiad, and Certificate of Appreciation by SOF Olympiads. Under her exemplary leadership, the school also received the prestigious Golden School Award at the National Level for the academic year 2024–25. These accolades reflect her visionary leadership, commitment to academic excellence, and unwavering dedication to holistic student development.



#### **EDUCATORS' EXCELLENCE**

The school acknowledged the dedication and relentless efforts of its teachers, honouring them with awards during the Teachers' Day celebration.

#### CATEGORY: FULL ATTENDANCE







From left to right: Principal Sr Ophilia honouring Mrs Sarabjeet, Mrs Srilatha and Mrs Rajdeep

## CATEGORY: PERFECT SCORERS IN BES QUIZ









From left to right: Principal Sr Ophilia honouring Mrs Smriti, Mrs Rupinder, Mrs Sandhya and Mrs Anju

CATEGORY: LUCKY TEACHER AWARD



Principal Sr Ophilia honouring Mrs Geetika





Continuous effort, not strength or intelligence, is the key to unlocking our potential. Shelja Singla, the Coordinator of the school has been acclaimed as the Best teacher in Punjab & Chandigarh Zone for 2024-25 by the **Academic Council of Science Olympiad Foundation** for her noteworthy contribution to the cause of education, leadership and academic initiatives. In recognition of her conscientious efforts. the Foundation has awarded her with a trophy, a Citation and a cheque.



Mrs Teena, the ITO Coordinator of the school, was awarded the prestigious title of 'The Best Teacher'. The Indian Talent Olympiad Organization celebrated her efforts by presenting her with a Citation, a letter of Appreciation and a cash prize.



The school released Fluent Foundations. Edition— a comprehensive booklet designed to strengthen students' grammar and writing skills through well-structured exercises. This edition active encourages learning, with students engaging directly by solving the questions within the book itself. The series is the result of collaborative effort by the English Department, with special recognition to Mrs Ashu Garg and Mrs Meesha Gupta, who meticulously compiled, organized, and developed the entire content.



Mrs Monisha Lorraine Antony's poem "Limerence" has been recognized and published in the World Anthology of Poems as part of the prestigious Wingword Poetry Prize. Out of 50,000 talented poets across India, Mrs Lorraine's work stood out, showcasing her talent and creativity.