

ST JOSEPH'S CONVENT SCHOOL BATHINDA



An insight into activities organised from July to September 2025 (Secondary and Senior Secondary Wing)



Prism unveils the spectrum of Josephites' achievements.

Each hue is a story of growth.

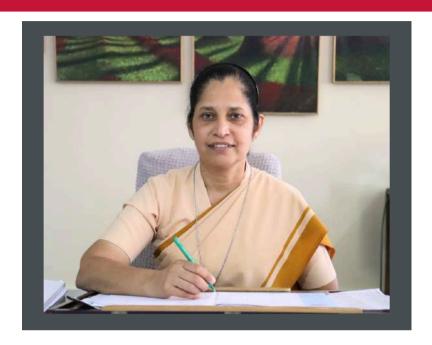
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From the

PRINCIPAL'S DESK



Dear Parents

Every child is an institution in themselves, unique, invaluable, and full of promise. Like malleable clay, a child is a divine gift entrusted to us to shape and nurture. It is, therefore, our profound responsibility to guide and refine these young minds, helping them discover their true potential and purpose.

This sacred duty calls for the harmonious blending of the Head, Heart, and Hand. When intellect, empathy, and action work together, they illuminate each child's path to self-realization. With love and dedication, this labour of love leads to Peace, Progress, and Prosperity for individuals and for society at large. It is a reminder of the vital role we play in shaping innocent souls into confident, compassionate, and capable individuals.

We are delighted to bring you another edition of our E-Newsletter, filled with stories of our children's growth and achievements. We sincerely thank you for your constant support, trust, and cooperation in the education of your children. Please take a few moments to scroll through the pages and share in the joy of their learning journey.

A heartfelt thank you to Mrs Meesha and Ms Honhaar for beautifully compiling all the vibrant activities from July to September into this engaging E-Newsletter. Your creativity, dedication, and attention to detail have truly captured the spirit and life of our school. This thoughtful effort will surely bring joy and pride to our parents as they glimpse the wonderful experiences their children are part of.

Sr Ophilia Lobo Principal

VICE PRINCIPAL'S

Message



Dear Parents.

At St Joseph's Convent School, we are dedicated to not just academic excellence but also the holistic development of our students. We strongly believe that in today's rapidly changing world, success is defined not only by what we know, but by how we apply that knowledge, face challenges, and persevere in the face of adversity. Hence, education must go beyond textbooks to prepare students for the complexities of the future.

Every activity in our school, academic, co-curricular, or service-oriented, is thoughtfully designed to help our students grow beyond textbooks. Through teamwork, leadership, and social engagement, they learn to apply values in real-life situations, becoming compassionate human beings and responsible citizens of tomorrow.

I invite you to read through the activities showcased in this E-Newsletter to see how each experience contributes to your child's holistic growth and character formation.

Sr Renuka Vice Principal

EDITOR'S MESSAGE



Dear Readers

Wishing you a joyful and mesmerising time as you scroll through the pages of Prism Volume 306 enshrining the activities and accomplishments of the Josephite fraternity from July to September 2025.

This quarter has been insightful as it marked myriad activities, competitions, educational trips, orientation programmes for students and staff. With the Almighty's grace upon the Josephites; the Principal, teachers and students were able to bring laurels to the institution.

I would like to express my sincere gratitude to our respected Principal, Sr Ophilia Lobo, for entrusting me with the responsibility of curating and designing Prism, our school's E-Newsletter. Your constant encouragement, faith, and guidance have been my greatest motivation throughout this creative journey.

Hope the newsletter adds smile and a spark of fervour to your day.

Meesha Gupta Editor and Designer

APTITUDE AVENUE

Where Josephites Discover Their True Potential

BULLETIN BOARD









To mark the school's founding anniversary, students of Junior Senior and Houses participated in Bulletin Board activity. The students from the four houses created vibrant and meaningful displays that reflected the journey, values, and accomplishments of The Sisters of Little Flower of Bethany who founded this esteemed organisation in 1921 under the capable leadership of the Father Founder, RFC Mascarenhas. The activity deeper encouraged a for the appreciation institution's legacy.

FOUNDATION DAY









BULLETIN BOARD



The Senior Houses (classes VIII-X) participated in a **Bulletin Board Activity on** the theme 'Historical Facts from Events and Different Eras'. This collaborative effort highlighted students' research skills, creativity, and ability to connect historical knowledge contemporary relevance. The activity successfully enriched the learning environment and discussions encouraged about the importance of preserving historical heritage and understanding its lessons for the future.









Bulletin Board activity for Junior Houses (classes VI-VII) was organised on the 'Plastic-Free theme Schools: for Tips Sustainability'. **Students** collaborated in the house groups to design vibrant and informative bulletin boards featuring ecofriendly tips. This activity only enhanced not students' understanding of conservation but also fostered teamwork. creativity, and responsibility towards building a greener and healthier school campus.









PUNJABI CREATIVE WRITING



Punjabi Creative Writing activity was organised for students of classes VIII-X on the theme 'Peace and Harmony'. The purpose of this initiative was to inspire students to reflect values of on unitv. compassion and mutual respect through their writing. **Students** expressed their thoughts in the form of poems, short stories, and essays; beautifully portraying ideas of human kindness and social harmony.









CELLULOID CELEBRATION

The students of classes XI and XII attended a special screening titled 'Celluloid Celebration'. an event designed to explore social issues through cinema. Two acclaimed short focused films. on women's lived realities domestic within the highlighting space, unspoken struggles, quiet resilience, and the quest for dignity and equality showcased. The were fostered critical event thinking about cinematic storytelling.







INTRA-CLASS DEBATE



Intra-class Debate Activity was held for the students of classes VIII-X The event together brought young speakers who passionately auestion explored the whether restrictions age should be enforced for social media use. The debate was marked by well-researched arguments, confident delivery, and active audience The event engagement. enhanced public speaking skills and critical thinking skills in the students.









TREE PLANTATION

VI-C. Class under guidance of Dr Ranjana Garg, embarked on a meaningful tree plantation activity aimed fostering environmental awareness and responsibility students. Each amona tasked student was with planting a seed at home, naming it, in order to create a personal bond, and nurturing it until it grew into a sapling. The final step involved bringing these saplings to school. symbolizing the collective effort towards greener future.









CLEANLINESS DRIVE



The NCC cadets participated in "Ek Din, Ek Ghanta, Ek Saath" campaign, with great enthusiasm. The cadets began the drive with a structured plan, moving systematically through the assigned area. Equipped with gloves, brooms, and biodegradable collection bags, they focused on clearing litter from public spaces while simultaneously engaging with passers-by to share messages about hygiene, environmental care, and sustainable living. The initiative not only created cleaner surroundings but also inspired a sense of shared responsibility and civic pride among all the students.













COMPETITIONS

Beyond limits, towards excellence

CREATIVE CORNER



Students of classes VI and VII held a Creative Corner Competition in their classrooms, focusing on the theme 'Plastic Elimination and Care for Mother Earth'. They expressed their thoughts through artwork, poems, slogans, and short write-ups; all created with genuine concern for the environment. Their work reflected not just creativity, but also awareness of the impact of plastic and the need to protect nature.















BANNER AND LOGO DESIGNING















The school hosted a lively and imaginative Intra-house Banner and Logo Designing Competition for students of classes VI and VII. Each house forward brought unique ideas. blending teamwork with artistic flair. The competition not only sparked artistic innovation but also deepened students' with connections their houses. This event gave them a platform to express their house identity through meaningful visuals. It was a where colors day spoke





KAUN BANEGA GYAANVEEN













Kaun Baneyga Gyaanveen, an Inter-house Quiz Competition was organised to test the knowledge Senior and of Junior House students in Science and Social Science. The four houses - Blue, Green. Red, and Yellow - fielded enthusiastic who teams competed lively in а atmosphere of learning and healthy rivalry. The quiz not only showcased the students' knowledge but also inspired them to approach learning with enthusiasm and teamwork.











TALENT HUNT



Raymond's Hall came alive with colour, rhythm, and creativity as students of classes XI and XII took the spotlight in a vibrant talent showcase. The event was a celebration of expression, bringing together a diverse array of performances ranging from music, dance, poetry and instrumental displays. The show was graced by the presence of our respected Manager Sr Grace Maria and Vice Principal Sr Renuka. The Talent Show was a reminder of the power of encouragement and the joy of discovering hidden talents.

















TABLE RECITATION











The Junior Houses witnessed display engaging of and memory, clarity, confidence during the Intrahouse **Table** Recitation Competition. Students from classes VI and VII participated with enthusiasm, aiming to showcase both accuracy and speed in recalling multiplication tables. The competition tested not only precision mathematical recall but also their composure under time constraints.

NEWSPAPER READING









Newspaper Intra-house Reading Competition for classes VI and VI was organised with great enthusiasm. The contest was conducted in three languages -English, Hindi and Punjabi. The young readers presented their pieces with clarity and confidence. The atmosphere lively students was as showcased their reading abilities with sincerity and expression. The competition highlighted the importance of clear reading and encouraged students to stay connected with current affairs.

SPECIAL ASSEMBLIES

One family, many celebrations

FOUNDATION DAY



The air at the school was filled with joy and pride as Foundation Day was celebrated. The celebration honoured the vision of our Father Founder, RFC Mascarenhas who began the mission of education in 1921. Through simple yet powerful scenes, the students of class VII portrayed how one man's dream, combined with prayer and determination, became a light for thousands. The event was graced by the presence of Fr Selvam, Sr Grace Maria, Sr Ophilia Lobo and all the Sisters. This meaningful occasion reminded us of the deep purpose and values upon which the Bethany Congregation was built.















FLAG HOISTING

The school campus came alive on 15 August as the students and the faculty members gathered to mark the Nation's Independence Day with pride and reverence. Melodious songs stirred the audience's emotions, reflecting the spirit of freedom. The highlight of the event was the flag hoisting ceremony, led by the Principal, followed by the soulful singing of the National Anthem and patriotic songs. The moment filled everyone with a renewed sense of unity and belonging. Inspirational speeches were delivered by Sr Grace Maria and Sr Ophilia and two faculty members, each emphasising the value of safeguarding the hard-earned liberty of the nation.















TEACHERS' DAY



The school celebrated the much awaited Teachers' Day. The program began with a prayer and lamp lighting ceremony, followed by cultural performances and speeches dedicated to teachers. Students expressed gratitude through planters and small gestures of appreciation. The school Principal Sr Ophilia, addressed the students, highlighting the vital role of teachers in shaping character and future. The event concluded with a renewed sense of respect and admiration for the mentors.

























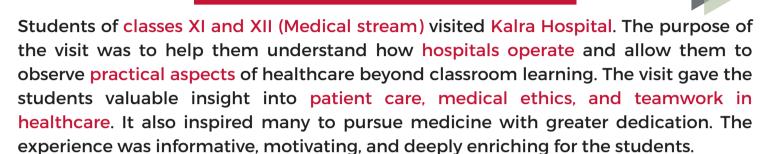




ACADEMIC VISITS

Lessons beyond blackboard

HOSPITAL VISIT







TRIP TO DELHI



An educational trip was organised for classes VI, VII, VIII, X, XI and XII to Mojoland and Rashtrapati Bhavan, New Delhi. The trip turned as an ideal blend of enjoyment and learning. Excitement filled the air as students explored the rides and attractions at Mojoland. The students then moved on to the grandeur of Rashtrapati Bhavan, the official residence of the President of India. The students were captivated by the vast Mughal Gardens, the stately halls, and the architectural brilliance of the building. The trip helped students appreciate the value of shared experiences, broadened their knowledge, and strengthened the bond between teachers and pupils.













LEARNING LOUNGE

Aware students, brighter future

CURBING POLLUTION















BLOOD DONATION

An awareness session on blood donation aimed at promoting the value of voluntary contribution to save lives was conducted for classes VIII and IX. The session was conducted by Dr Anshul Gupta. She highlighted the urgent need for regular blood donation, dispelled common myths, and explained the eligibility and safety measures involved in the process. Her insights emphasised that even a single unit of donated blood can support multiple patients, making every donor a lifesaver. The session left a deep impression, inspiring students to view blood donation as a social responsibility and an act of compassion.











INTERACTIVE SESSION ON UTI



A special health awareness program was conducted for students of classes VIII to XII, focusing on the topic of Urinary Tract Infections (UTIs). The session was addressed by Dr Saurabh Gupta, an accomplished urologist. Dr Gupta shared valuable insights on understanding UTIs — their causes, symptoms, and preventive measures — highlighting the importance of personal hygiene and early intervention. His talk aimed to dispel myths and encourage students to approach such health concerns with awareness rather than hesitation. The session was highly informative and left students more confident about managing their personal health.











CAREER GUIDANCE AND COUNSELLING

St Joseph's Convent School organised a special session on the theme "Career Guidance and Counselling" for the senior students of classes XI and XII. The event was graced by the presence of our School Manager, Sr Grace Maria and Vice Principal Sr Renuka. The school was honoured to welcome Prof. (Dr) M.P. Poonia, Mr Bhagwan Das Sharma, Dr Baljinder Singh and Mr Sahil Sidana. The interactive session not only expanded students' awareness of opportunities in diverse fields but also encouraged them to think critically about their own aspirations. The session proved to be a guiding light for young learners at a crucial juncture of their academic journey.











CAREERS OF THE FUTURE



A career counselling session on the theme "Careers of the Future" was held for classes VIII to X. The guests for the day were Mr Parmeet Singh Sethi, an experienced immigration consultant; Ms Anuneet Kaur, Research Assistant at York University and marketing professional; and Ms Serjan Kaur, a Computer Science and Ivey Business student at Western University, Canada. The speakers shared valuable insights into emerging career options, the importance of adaptability, and the global opportunities available to students in future. The session proved to be inspiring and informative, leaving the students motivated to explore their strengths and pursue careers with clarity and confidence.









FACULTY FORTIFICATION

When teachers learn, students shine

SKIN CARE AWARENESS

An enlightening session was conducted for the teachers on skin health and dermatological awareness, featuring the insights of an esteemed guest dermatologist, Dr Parul. The session aimed to spread awareness about common skin concerns, debunk myths around skincare, and encourage healthier habits among the audience. The session covered a range of topics including acne management, sun protection, hydration, seasonal skin care, and the dangers of self-medication and unverified beauty trends. The interaction motivated the staff to care for their skin the right way.







STAFF MEETING



St Joseph's Convent School heartily welcomed Sr Renuka as the new Vice Principal. A staff meeting was held on the onset of school after summer vacation. The gathering, led by Sr Grace Maria and Sr Ophilia Lobo, emphasised the need for compassionate support for students showing signs of distraction or slow learning. Teachers were encouraged to adopt a heart-centered, holistic teaching approach and ensure continuous student engagement.













PRAYER SESSION



A serene and spiritually enriching prayer session was held under the guidance of Rev Fr Nishant IMS. The session was attended by the school administration and the faculty members. Fr Nishant, known for his gentle demeanor and profound spiritual insight, led the gathering with grace and warmth. His words resonated deeply, as he emphasised themes of Enlightenment, Connection of Spirituality in Education and Sanskara-values.











VICTORY VAULT

Every effort deserves applause



Divam Bansal (IX-A) and Vaibhav Burman (IX-E) bagged the second position in Football match organized by Mad About Football Academy.



Pranshi (VIII-D), Gurnaaz Kaur (V-D), Kayra (V-D) and Adab Singh Arshi (I-E) cleared Level One in International Abacus Olympiad.



Veerpratap Singh (VII-B) and Prahil Sharma (VII-C) bagged the second position in Football match by MAFA.



Pranshi (VIII-D) bagged the third position and cleared Level One in International Abacus Olympiad.





Pritham Teshwar Singh of Class IX-F participated in the 60th Punjab State NR Shooting Championship 2025. the **Punjab** Rifle organized by Shooting Association at Mohali. He won Silver Medal in 25m Sports Pistol (Junior Men) category and Bronze Medals in 50m Pistol (Junior Men) and 25m Standard Pistol event.



Sargun Kaur (VIII-A) won State Rank-156 in National Hindi Olympiad.



Raghav Kumar (X-D) received an appreciation award at Malwa's first Open Chess championship.



Arshia (VIII-E) secured the first position in under 13 chess championship for girls.



Pritham Teshwar Singh Dhillon (IX-F) participated in District Level Shooting Competition. He won Silver Medal in 25m pistol NR junior men, 25m standard pistol and 25m pistol NR championship youth men. He also won bronze medal in 50m NR junior men.



Josephites partipated in International Abacus Olympiad 2025. Details of the same are as follow: Sanyam Garg (IV-C) won a trophy, a certificate and a medal. Sophia (V-B), Bhavesh Mittal(V-A), Ransher Kamboj (VI-E), Lauren(VI-A) and Deveshvir Singh (IX-B) received a certificate and a medal.





Medhansh Goyal (VIII-B) secured the first position in under 13 Chess Championship for boys. He also won Open Chess tournament at Vrindavan. He was awarded with a trophy, certificate and a whooping cash prize of 1 Lakh 20 thousand rupees.



Arshia (VIII-E) was awarded with Best Female player award of the event along with a cash prize of Rs 900 in 12th Checkmate Chess Club Tournament.

NCC CHAMPIONS



NCC Cadets Jayden, Prabhnoor Kaur, Gurveen Kaur, Gauraansh, Ishratveer Kaur, Ruhaniyat, Ajayveer Singh, Aariv Malhotra and Yuvraj participated in Independence Day District Level Parade. They have been awarded certificates of appreciation for their dedicated service and devotion to duty rendered.



Gurveen Kaur (IX-C) represented the school in NCC group HQ Patiala at All India NCC Girls Trekking expedition (HIMTREK-II).



Gurtaj Singh (IX-F) and Ekamnoor Kaur (IX-A) got selected for All India Thal Sainik Camp(AITSC). Ekamnoor was honoured with a gold medal for her excellent performance and secured the first position in All Junior Warrior's firing (Grouping) AITSC. She in received this honour by the commanding officer of 23 Battalion NCC.



Nancy Verma (X-A) attended the NCC camps till RDC CATC-3.



NCC Cadets Jayden, Prabhnoor Kaur, Gurveen Kaur, Gauraansh, Ishratveer Kaur, Ruhaniyat, Ajayveer Singh, Aariv Malhotra and Yuvraj participated in Independence Day District Level Parade. They have been awarded certificates of appreciation for their dedicated service and devotion to duty rendered.



OLYMPIADS



Josephites stunningly won awards in the second level of Indian Talent Olympiad 2024-2025. Himansh Goyal of class III secured State rank 2 in Mathematics and was awarded with a State Level certificate along with a scholarship of Rs 2000/-.

Pragun Goyal of Class IV achieved State Rank 3 in Mathematics and was bestowed with a scholarship of Rs 1200/-.

Aariv Malhotra of class VIII claimed State Rank 8 in Mathematics and was accorded with a scholarship of Rs 700/-.

Bhumika of class IX secured State Rank 5 in the subject of English and was awarded with a State Level certificate along with a scholarship of Rs 1200/-.

Medal of Excellence were awarded to the following students - Gursifat Singh Bains (class IV) in English, Ojaswi Pathak (class IV) in Science. Pragunveer Kaur (class V) in English, Delansh Singla (class V) Mathematics, Gurrehmat Sidhu (class V) in Science and Digant Mittal (class VI) in Science, Sidharth Kumar (class IX) in Science and Maths, Grishita Bansal (class IX) in Social Science subject.



Students of our school distinguished themselves with their stupendous academic performance in SOF exams. Josephites set a benchmark with their stupendous academic performance in SOF exams. Himansh Goyal (III-A) achieved International Rank 1 in SOF IMO and was awarded with a Gold medal together with a gift cheque worth Rs 1000 and a Certificate of Outstanding Performance. Saransh Gupta (VI-B) contributed to the school's prestige by securing Zonal Rank 6 in International Social Studies Olympiad and has been bestowed with a gift cheque of Rs 500/- with a Certificate of Zonal Excellence. Igra (VI-A) attained Zonal Rank 9 in Mathematics and was presented with a gift cheque of Rs 500/- together with a Certificate of Zonal Excellence. Anirudh (III-D) in ISSO, Gursifat Singh Bains (IV-D) in NSO, Manya Saini (VI-D) in IEO, Jasniaz (VII-B) in ISSO, Ishaan Mittal (VII-A) in ISSO, Ishaan Mittal (VII-A) in ISSO, Divansh Gupta (VIII-E) in IMO, Aariv Malhotra (VIII-D) in ICSO elevated the school's name by winning Certificates of Excellence at Zonal Level in different subjects.

MUNs



Ashveen Kaur (XI-C) received a certificate and trophy for her outstanding performance as Substansive director (UNCSW) at Royal City MUN 2025, Multani Mal Modi college, Patiala.



Talented delegates from St Joseph's made their mark at Consortium 2025 (DPS Model United Nations). Over two days of intense debate and diplomacy, they showcased exceptional research, confidence. while and teamwork tackling global The challenges. experience not only sharpened their public speaking and negotiation skills their but also deepened understanding of world affairs.



Ashveen Kaur of (XI-C) represented the school as the Vice Chairperson at Consortium 2025 (DPS Bathinda Model United Nations), serving in the UNICEF committee. She earned the distinction of beina proud youngest jury member at the event. In recognition of her role, she was honoured with Token а of Responsibility by ADC Bathinda, Ms. Singh, Poonam and a Token of Appreciation by PCS, SP Bathinda, Mr Narinder.



Ashveen Kaur (Class XI), Agampreet Singh (Class XII), and Narayan Bansal (Class XII) for their exceptional role in mentoring and training our delegates. Their guidance, expertise, and encouragement were key to the team's remarkable success.





Ashveen Kaur (XI-C), Ranveer (IX-D), Aabhir (IX-D) and Raghav (IX-E) participated in Dhirubhai Ambani International School MUN (DAIMUN).

They made the school proud by wining verbal mention award.



TRAIL OF AWARDS



Sr Ophilia Lobo, Principal of St Joseph's Convent School, has been nationally recognized for her outstanding contributions to education. She was conferred the Rabindranath Tagore National Principal's Award 2025 at the Rabindranath Tagore National Awards held on 5th July 2025 in Chandigarh. Additionally, she was honored with the Best Principal Award by the Indian Talent Olympiad, and Certificate of Appreciation by SOF Olympiads. Under her exemplary leadership, the school also received the prestigious Golden School Award at the National Level for the academic year 2024–25. These accolades reflect her visionary leadership, commitment to academic excellence, and unwavering dedication to holistic student development.

EDUCATORS' EXCELLENCE

The school acknowledged the dedication and relentless efforts of its teachers, honouring them with awards during the Teachers' Day celebration.

CATEGORY: FULL ATTENDANCE







From left to right: Principal Sr Ophilia honouring Mrs Sarabjeet, Mrs Srilatha and Mrs Rajdeep

CATEGORY: PERFECT SCORERS IN BES QUIZ









From left to right: Principal Sr Ophilia honouring Mrs Smriti, Mrs Rupinder, Mrs Sandhya and Mrs Anju

CATEGORY: LUCKY TEACHER AWARD



Principal Sr Ophilia honouring Mrs Geetika



Continuous effort, not strength or intelligence, is the key to unlocking our potential. Shelja Singla, the SOF Coordinator of the school has been acclaimed as the Best teacher in Punjab & Chandigarh Zone for 2024-25 by the Academic Council of Science Foundation for Olympiad her noteworthy contribution to the cause of education, leadership and academic In recognition initiatives. of conscientious efforts, the Foundation has awarded her with a trophy, a Citation and a cheque.



Mrs Teena, the ITO Coordinator of the school, was awarded the prestigious title of 'The Best Teacher'. The Indian Talent Olympiad Organization celebrated her efforts by presenting her with a Citation, a letter of Appreciation and a cash prize.



The released school **Fluent** Foundations. Second Editioncomprehensive booklet designed to strengthen students' grammar and writing skills through well-structured exercises. This edition encourages active learning, with students engaging directly by solving the questions within the book itself. The series is the result of collaborative effort by the English Department, with special recognition to Mrs Ashu Garg and Mrs Meesha Gupta, meticulously compiled, organized, and developed the entire content.



Mrs Monisha Lorraine Antony's poem "Limerence" has been recognized and published in the World Anthology of Poems as part of the prestigious Wingword Poetry Prize. Out of 50,000 talented poets across India, Mrs Lorraine's work stood out, showcasing her talent and creativity.