

# **PRISM**

An insight into activities organised from March to May (KG and Primary Wing)



### Small Steps Induce Big Visions

The first edition of 'Prism' entails the learning process the students of Kindergarten and Primary Wing underwent during the initial three months of the academic year 2023-24. This newsletter encapsulates information under various sections like kaizen (comprising of activities conducted), contests, special assembly and orientation programmes. The newsletter also covers daring and optimistic students who went an extra mile to participate in competition outside the school, under the section 'beyond the premises'.

The institution provides numerous opportunities to the children to explore their talents, giving them a platform to learn and grow. Students learn the best when challenges are encountered and faced independently by them. This refines their decision making skills and raises confidence level.

Children enter the school with hidden potentials. They undergo myriad experiences and lessons which facilitate to unveil their true colours just like a prism. Children identify themselves and their talent through the channel of St Joseph's.

St Joseph's School has been contributing to the society since 1961 and continues to tread on the same path.

### Inside This Issue

Kaizen4
Contests11
Special Assembly14
Orientation Programmes16
Beyond the Premises18

### Follow Us



@stjosephsbathinda



@StJosephsConventSchoolBathinda



www.stjosephsbathinda.org

### FROM THE PRINCIPAL'S DESK



"The highest education is that which does not merely gives us information but makes our life in harmony with existence." How rightly has Rabindranath Tagore quoted these words. We at St Joseph's Convent School endeavour to provide sufficient opportunities to each student to understand and discover themselves and to face and overcome challenges to make their life fulfilling. It is also a matter of pride when we see our students grow and develop into sensitive and responsible citizens. Our aim is to nurture the child into a self-motivated individual. Curriculum and the practices of the School, both Scholastic and Co-scholastic aspects of our education offer umpteen opportunities for the students to explore their interests and innovate new ideas. Values of peace, love, justice, honesty, cleanliness, social concern, quest for learning, integrity and creativity are assimilated in the system of the school which have been instrumental in the holistic growth of every child.

This issue of E-newsletter focuses on the activities that were conducted in first three months since the commencement of the new academic session. Teamwork is the hallmark of our Institution. I appreciate the efforts put in by Mrs Meesha Gupta for designing the Newsletter, our wonderful team of teachers, students and the unstinting support of the Management for making the beginning of the session 2023-24 a truly successful one. In this pursuit of excellence, I also appreciate our parent fraternity for supporting the School in every aspect.

I believe that learning is a never ending process and I am certain that this life long journey will be earnestly taken by our students and staff. Looking forward to the forthcoming rewarding months of this Session.

God Bless.

Sr Ophilia Lobo Principal

### WORDS OF WISDOM

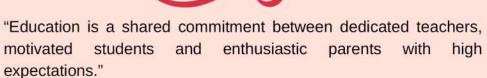
We want education by which character is formed, strength of mind is increased and the intellect is expanded. All these are profusely provided in the school through various hand on activities, curricular and co-curricular activities to the children. We always try to inculcate creativity, critical thinking and innovation along with proper values of life for its students.

As you navigate your way through this 'e magazine', you will discover what we offer to the child here in the school. Today, the role of the school is not only to pursue the academic excellence but also to motivate and empower the students to be lifelong learners, critical thinkers and productive members of an ever changing global society through Scholastic & Co-Scholastic, Curricular & Co-Curricular activities. The KG school conducts an array of activities throughout the year bringing out all these skills among children, converting every individual into a self-reliant citizen.

"To motivate the late bloomers, to mould the mediocre and to challenge the gifted", is our first priority. Your child's learning involves and revolves around an effective partnership between home and school. We know the stronger the partnership, the more your child will benefit.

Sr Helima KG Headmistress





The parent-teacher trust and mutual understanding is the real secret to a child's development. The real aim of education does not confine to text book learning but it includes many other areas which impart overall excellence in a child's life. Each activity performed by the little hands and inquisitive mind will make it definitely valuable in the life of the child and the prosperity of the nation. At St Joseph's we advocate for reinforcing positive learning mechanisms by ensuring children to participate in all the activities planned for their overall development. While performing the activities the children by being themselves, put something wonderful in the world that was not there before. The best part of such learning is that they help our children to keep trying until they get it right.

So let's give a helping hand in their educational learning and be a role model in shaping our children's bright future and produce responsible leaders.

Sr Nancy Primary Headmistress



# KAIZEN



### WELCOME TO CLASS LKG



The youngest batch of St Joseph's joined the school for the first time on 13 April 2023. The Josephites were warmly welcomed by the management and staff. The block was decorated to create a cheerful atmosphere. Various fun-filled activities were conducted to pacify the inquisitive minds.









### **METAMORPHOSIS**









Students of class I were bidden farewell as they departed from the cherished KG block to explore and the Primary Block. KG Headmistress wished Helima, good luck for their future endeavours. Children were honoured with school band as they progressed towards the primary block to be entrusted in the hands of their new class teacher.



### CAMPUS TOUR



A visit to school campus was conducted for the students of LKG, UKG and I. The students explored the school with their teachers. They were acquainted with the statue of Fr RFC Mascarenhas. Children adored lush green botanical garden, playground, sculpture of animals, kitchen garden, parking area etc. Students of lessons protecting ecological system, punctuality and discipline to mention a few.













### NATURE WALK









Nature walk to the school's vegetable garden was organised for the students of UKG. Students were explained about the vegetables that grow under and above the ground. Children listened their teachers curiously and delightfully.





ALPHABET LEARNING

with each letter in the alphabet helps children build a solid foundation. It facilitates reading and writing skills thus, developing confident learners. Students of LKG matched letter cut outs with the object its sound initiates with, under the conducted activity. Children were exhilarated to learn using playway method.





### SEED PLANTATION

activity Planting a Seed conducted for the students of LKG. Children received hands on experience on sowing seeds in small pots. Respective class demonstrated teachers and explained the whole process of sowing and planting seeds with tools. the help of gardening Children apprised were on importance of plantation and becoming eco-friendly.



### BINDI PASTING







COLOUR RECOGNITION







Colour Recognition activity was conducted for UKG. Students brought small pictures of different colours from their home, segregated them as per their colour category and pasted them on the sheet provided to them. The classroom lit up with multi-hued pictures and grinning faces.



# COMMON PHYSICAL TRAINING



**Physical** Common **Training** class was conducted for the youngest batch of St Joseph's in order to inculcate habit of physical exercise early in life. Children assembled in school courtyard where they were taught basic exercises by the sports teacher on the beat of drum. It was a new experience for the little ones.











### FUN DAY

KG wing observed the working day ahead of summer vacation as 'Fun Day' for LKG students. The students came to school in their favourite outfit with sumptuous meal in their bags. The day was celebrated with a session on yoga followed by Zumba class. Children snapped their fingers and grooved to the musical beats. They relished lunch with their friends in the courtyard. The students enjoyed the day thoroughly.





### CARD MAKING

















Card Making activity was organised for classes II, III and IV on the theme of 'Mother's Day'. The " students demonstrated @ their creativity by @ designing a greeting card. \_\_ This showcased their love and gratitude for mothers.

### PENCIL SHADING











To amplify proficiency in art, Pencil Shading Art activity was organised for class V. lt was individual activity. Every <sup>©</sup> student used his/her @ creativity and imagination @ create beautiful a drawing using various shading techniques.





### YOGA



Time tested discipline for healthy lifestyle since ancient India







Yoga session was arranged for class V. The aim of holding this session was to raise awareness and ignite passion for fitness among students. Students along with their teachers performed various yoga poses.











# CONTESTS

### COLOURING





Colours and children are inseparable. Colouring competition was conducted for UKG. Children's vivid imagination took tangible shape with the help of vibrant colours.







### CALLIGRAPHY





Calligraphy
competition was
held for class I.
The competition
was organised
to inculcate the
habit of writing
neatly. The
students merrily
presented
content in
numerous
calligraphic
fonts.







### CARD MAKING









Card Making competition was organised for the students of class I on the theme of 'Mother's Day'. The students made beautiful cards for their mothers. Their excitement and enthusiasm was captured by camera as they made colourful and attractive cards.











# FANCY DRESS









Fancy Dress competition was conducted for class I to boost confidence and speaking skills. Children personified various characters and concepts of the contemporary world. Their stage presence and innocent words won hearts of judges and teachers.













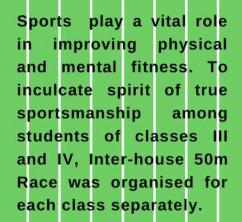


### **50m RACE**













1 2 3 4 5 6 7 8





### JUBILANT

OSEPHITE









S





### INVESTITURE



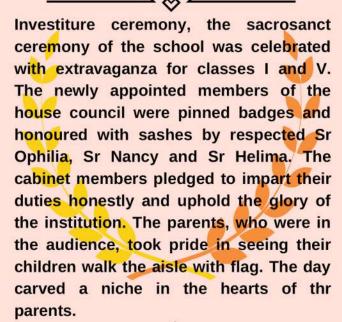
























## ORIENTATION PROGRAMMES



### PARENTS OF LKG

Orientation program was organised for the parents of LKG students. Parents were addressed by respected Sr Ophilia, activity teachers, ecare team and class the teachers about information regarding the school campus and the academic new session. **Parents** were apprised about the aims, objectives, rules and the core values of the institution.









### GOOD AND BAD TOUCH









Children of class I were educated by their class teachers on good and bad touch. Awareness was spread among the students through verbal communication and informative videos.



# ORAL HEALTH AND HYGIENE







A talk show on Oral Health and Hygiene was scheduled for classes IV and V. A lively and enlightening session was conducted by Dr Ashna Goyal, a famous pedodontist. Videos related to brushing technique and flossing the teeth were shown to the students. A quiz was conducted on the discussed topics at the end of the session.









# BEYOND THE PREMISES



Harsimran Kaur of class III-C secured second position in WUSHU Championship organised by District **WUSHU** Association Bathinda.









Ayush Ohri of class V-C participated 7 in U-19 friendship league 2022-23 cricket match held by T.J. Cricket Academy and was a member of the winning team.



Krishav Mittal of class IV-A participated Rubic's in 💐 Cube Competition- India Cuber's League 2.0 and awarded certificate of appreciation.









Pebbles signify hardships, hurdles and hiccups that the Josephites undergo. They are upskilled to balance obstacles, whether academic or non-academic, and embrace the process of learning and come out as a winner.