



# PRISM

An insight into activities organised from July to September 2023  
(Secondary and Senior Secondary Wing)



[www.stjosephsbathinda.org](http://www.stjosephsbathinda.org)



## Special Assemblies



Page 9

## Orientation Programmes



Page 13

## Contests



Page 5

## Educational Trips



Page 12

## Beyond The Premises



Page 20

**Imparting education to train its pupil  
for the world of tomorrow.**

# FROM THE PRINCIPAL'S DESK



Dear Parents

*"Education is the passport to future; For tomorrow belongs to those who prepare themselves today." Malcolm X*

And that is what today's education should be all about. We need to educate our students in such a way that we equip them for tomorrow. We need to take the curriculum beyond the books, to training them in exercises of life skills so that when our students move into the world, they are mentally, emotionally and socially ready to take up the challenges of life. The world is fast changing and the use of Artificial Intelligence into education is going to change the scenario in the near future. What holds meaning today will become obsolete tomorrow. We, as educators, are trying to prepare our children for the unknown so that they are able to create a place for themselves in future. Besides equipping them for new career opportunities, we also need to give them a strong value system so that they are able to withstand the test of time. Each child is gifted with a lot of potential and we at St Joseph's are nurturing that to the fullest by providing them platform to grow in every aspect.

I thank and congratulate the staff of the Institution for putting in their hundred percent efforts in grooming the students. We thank Mrs Meesha Gupta for her hard work, creativity and efforts in bringing out this second issue of the e-magazine.

Sr Ophelia Lobo  
Principal



# VICE PRINCIPAL'S MESSAGE



**"The function of education is to teach one to think intensively and to think critically. Intelligence plus character that is the goal of true education".**

**-Martin Luther King, Jr.**

The world of 21st century is changing at an accelerated scale. It is a challenge for educators to cope with the changing world order and prepare their students for the future. It has rightly been said by Margaret Mead that "Children need to be taught how to think, not what to think." These activities have been a small effort to bring out the thought process and creativity and talent of our children. We thank you for your cooperation and constant encouragement.

Sr Navina  
Vice Principal



# EDITOR'S MESSAGE

---

Dear Readers

Welcome to the second issue of 'Prism', an e-newsletter released quarterly. It entails myriad events organised in the school from July to September 2023. This newsletter will take you to a special journey. A journey which shall prove to be *deja-vu*.

The newsletter embraces children contesting in several competitions, shrugging shyness to participate in multiple activities, leaving their comfort zone for exploring a new world with teachers, collaborating with mates to present a stage show, winning championships outside the school campus and widening their horizon by listening to experienced personalities.

St Joseph's Convent School, Bathinda provides incalculable opportunities to the students to experiment, learn and grow holistically. Our students are trained to think out of the box, raise questions, learn intangible lessons from their failures, and practice moral values while staying at par with today's world.

The school has been contributing to the society since 1961 and continues to tread on the same path.

Meesha Gupta  
Editor





# CONTESTS

## BULLETIN BOARD



### FOUNDATION DAY

Inter-house Bulletin Board competition was held for seniors and juniors on the topic: 'Vision and Mission of BES'. Students displayed the unwavering commitment of Bethany Education Society that aims to be a beacon of transformative education, preparing generations to lead fulfilling lives while making a positive impact on the world.



### INDEPENDENCE DAY

On the occasion of 77th Independence Day, Bulletin Board competition was organised on the topic 'India- A Potential Superpower'. Students of senior and junior houses participated in this competition with fervour and zeal.







# JOURNAL DESIGNING



To foster creativity and writing in the students, Inter- class Journal Designing contest was organised for students of classes VI – IX on the topic 'Experience of Summer Vacation'. Young Josephites created pulchritudinous pieces of art. The activity enabled students to showcase their writing skills and created appreciation-worthy journals.



## PPT DESIGNING

To celebrate 75 glorious years of Bethany Educational Society, an Inter- class PPT making competition was held for classes VIII and IX on the topic 'The Voyage of BES'. Each class was represented by two students. The tech-savvy participants designed creative and informative PPTs.







# VISUAL WRITING



Visual Writing contest was conducted for classes VIII and IX. Glimpses of BES were shown to the students on the smart board. Students presented their views on the displayed pictures using creative writing flair.



# SLOGAN WRITING



Students of grade VI and VII expressed their thoughts through array of slogan writing on the topic '75 Glorious Years of BES'. Students presented remarkable accomplishments of BES through their creative work that inspired hearts of many.







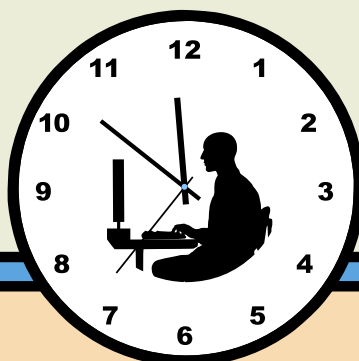
# WRAP MATHS IN A RAP



Inter-house Maths Rap competition was conducted for classes VI to X with the aim to make mathematics fun and accessible to students through the medium of rap music. Students explored mathematical principles through the lens of rhythm and rhyme. This performance based activity helped boost students' self-confidence and public speaking skills.



$$x_{1/2} = \frac{-b \pm \sqrt{b^2 - 4ac}}{2a}$$



$$a^2 + b^2 = c^2$$

**"The best part of competition is that through it we discover what we are capable of and how much more we can actually do than we ever believed possible."**

# SPECIAL ASSEMBLIES

## FOUNDATION DAY



The students of class IX prepared the Foundation Day assembly, encapsulating origin, values and accomplishments of Bethany Congregation. The celebration continued with cultural extravaganza, featuring dances, songs and a skit showcasing the values imparted by Father Founder RFC Mascarenhas.



### MOTTO OF BETHANY CONGREGATION

*"Behold the handmaid of the Lord;  
be it done unto me  
according to thy word. "*



# TEACHERS' DAY



THANK  
YOU

T alented  
E nthusiastic  
A rtistic  
C aring  
H ardworking  
E nergetic  
R emarkable





# CLOSING OF BES PLATINUM JUBILEE



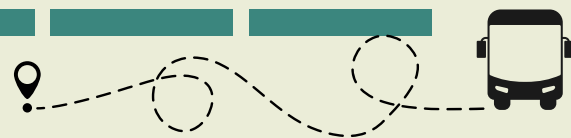
**Rapturous Celebration  
by classes VI and VII**



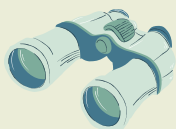


# EDUCATIONAL TRIPS

## CLASS VI AT NEW DELHI



*"Not all classrooms  
have four walls."*



## CLASS VII AT CHANDIGARH



## CLASS VIII AT JAIPUR





# ORIENTATION PROGRAMMES

## TEACHERS' TRAINING



The conference on "10 Dispositions for Teachers after Summer Vacation" was held on 3 July 2023 with the aim to provide educators with valuable insights and strategies to enhance their teaching practice. Sr Grace Maria, the Manager of the school emphasised on the importance of nurturing resilience, cultivating empathy, building positive classroom culture, enhancing collaboration and communication skills. Sr Isabella Agnes, Financial Head and Sr J Nancy, Principal St Joseph's Convent Punjabi High School along with newly appointed staff members were welcomed to the portals of St Joseph's.



Teachers' orientation programme was held on 8 July 2023 by Father Nelson A D'Silva SJ, Vice President and Treasurer, Xavier Educational Association, Jaipur. Father inspired teachers to understand the reason for various temperaments, encouraged them for a positive mindset. He facilitated them to analyse and become aware of different patterns of behaviour through a questionnaire. Teachers were motivated to understand psychology of students.

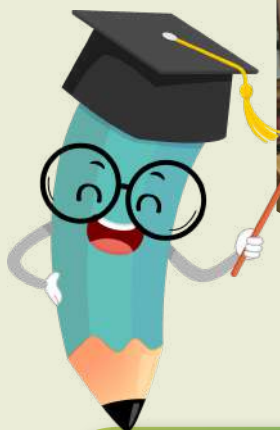




# TEACHERS' WORKSHOP



A workshop was organised for all the faculty members on the theme 'Sustainable Development Goals'. Ma'am Meeta Mohanty, the resource person briefed all seventeen SDGs through a PowerPoint presentation. During the workshop, the staff was divided into fifteen groups and each group presented an SDG productively.



## TEACH LOVE INSPIRE

A workshop on English Grammar and teaching methodology was conducted for English teachers of classes I-VIII. The speaker, Ms Meeta Mohanty exemplified the use of worksheets to teach grammar topics creatively. Throughout the workshop, participants were engaged in interactive activities and discussions that fostered a deeper understanding of the English language.





# SOFT SKILLS TRAINING



A session on soft skills was organised for class X highlighting the importance of skills like critical thinking, team work, problem solving, work ethic, conflict resolution, leadership etc. Ms Parisha and Ms Ruhani, the resource persons emphasised on being smart in every skill which would help them touch the zenith of excellence.

## GOOD AND BAD TOUCH



A session was conducted by social stalwart Mrs Anamika Sandhu, founder of 'Ek Soch Welfare Society', enlightening students about the safety of children. The objective of the session was to educate students of VI and VII about good touch and bad touch, enabling them to differentiate between appropriate and inappropriate physical contact, and empowering them to take appropriate action if they encounter an uncomfortable situation.







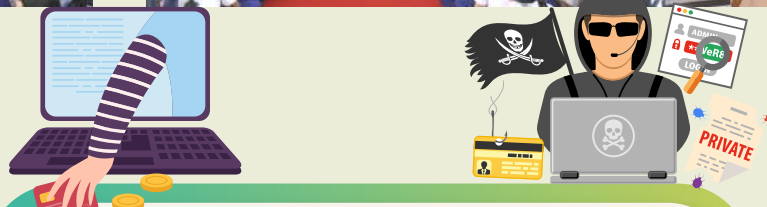
# STREET PLAY



A Nukkad Natak was performed by Mr Harman Sra and Mr Sandeep Singh, students of Punjabi University, Patiala of "The First Step Theatre". The play laid stress on the importance of teachers in the lives of students. The play ended with the message to acknowledge and appreciate the remarkable contributions of teachers, as they play a pivotal role in sculpting a brighter and more enlightened future.



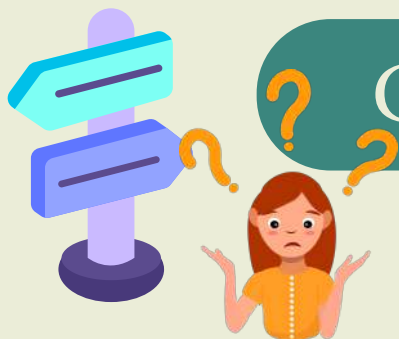
# CYBER CRIME



An informative and eye-opening orientation programme was conducted on the topic "Cybercrime" by Mrs Pravir Kaur, Deputy Commandant. Students were sensitised about malpractices like identity theft, phishing, cyber bullying, banking fraud etc. Mrs Kaur guided the children about taking prudent decisions while using social media.







# CAREER GUIDANCE



Major Karnika from Bathinda Cantt visited the institution to give young minds a glimpse of what a career in the armed forces looks like. She elaborated about the procedure to enter the armed forces. The session inspired many hearts to serve the country.



# TRAFFIC RULES AND HEALTH



Sir Hakam Singh, ASI and Mam Jagdeep Kaur, a proactive social worker shared information from their respective fields. The students from VIII-X absorbed many knowledgeable facts about road traffic, home remedies for curing diseases as threatening as cancer, and about the side effects of drug intake. The session left an indelible mark on every Josephite.







# CANCER AWARENESS



Foundation for Community Development and Health Care in India is a non profit organization. The resource person addressed the students during morning assembly and made students aware of the reasons for the spread of cancer and to have empathy for cancer patients. They also motivated students to donate generously to help in treatment of cancer patients



**DONATE**



## DRUG EDUCATION

**DRUGS**

Ms Jasleen Kaur, a clinical psychologist, addressed the students of class VIII about the prevailing drug menace in Bathinda region. She sensitized the students about taking care of their health and staying away from drugs especially during adolescence. Students were encouraged to share their day to day problems with their parents or teachers.





# SUSTAINABLE DEVELOPMENT GOALS



The changing global scenario demands a more inclusive participation of the younger generation. Mr Adarsh Kumar Singh and Mr Priyanshu Grover from Aspirant Learning conducted orientation on the importance of sustainable development goals and ways to achieve them. Students from VI to XII and the faculty members were apprised about the events and activities which will be organised at school in the month of November under SOLARIS SDG Summit. The orientation helped familiarise the staff with all seven events.





# BEYOND THE PREMISES

## SHEMROCK MUN



Josephites participated in Shemrock MUN held at Mohali on 20th and 21st of May and brought laurels to the school by winning various prizes. The school delegation won the second runner up position as the school delegation.



## CONTENDING WITH COLLEGIATE

Gurleen Kaur of class XI-D participated in the GMCHMUN'23 held at Government Medical College, Chandigarh. She was the youngest member in her committee. She performed exceedingly well despite the tough competition given by college students and won the special mention award.





# CADETS AT ATS-57

“ School NCC Cadets participated in ATS-57 (Annual Training Camp) at Manu Vatika School, Budhlada from 1 June to 10 June 2023. Cadets brought laurels by bagging 1st position in Drill Competition, Pilot Competition, Group Discussion and Silver Medal in Tug of War (Boys and Girls). Eighteen schools and eight colleges participated in the same and St Joseph's Convent School was awarded with Overall Best School Award. Three cadets (Arshnoor Singh, Sourya Goyal and Jasmine) participated in EBSB Camp, Malerkotla and two cadets (Tanvi Bhasin and Khayati Arora) participated in TSC Camp, Chitkara University. ”



→ believe →

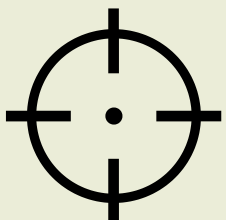
## SHOOTING CHAMPION

→ hope →

“ Mantaj Sidhu of class IX D won individual gold medal in the event 10m Air Rifle NRAI Sub Youth Men at District Shooting Championship held at Dashmesh Girls College, Badal on 28 June 2023. ”



WINNER





# BEST TEACHER

“Mrs Teena has been honoured by the Indian Talent Group with the prestigious 'Best Teacher' Award at the State Level for the 2022-2023 academic year. In recognition of her outstanding dedication and continued efforts to inspire students, she has been presented with a cash prize of Rs. 1000 and a Citation. Additionally, the Indian Talent Olympiad foundation has also acknowledged and expressed gratitude for her valuable support and service to the Indian Talent Olympiad Organization.”



## BEST DISTRICT TEACHER



“The Academic Council of SOF recognised the contribution of Mrs Shelja Singla to the cause of education. She has been awarded with the title 'Best District Teacher Award' for her excellent involvement in the conduction of SOF exams. The Olympiad foundation has acknowledged her continuous efforts with a trophy and Citation for SOF IMO 2022-23.”





# SDG SUMMIT, GURUGRAM

SDG summit Gurugram hosted by Shalom Presidency School from 20th July to 23rd July was an opportunity for the young minds across the nation to deliberate upon the challenges faced by the citizens of the world today. Josephites participated in the event enthusiastically and brought laurels to the institution by bagging numerous medals and awards.



## LAURELS WON AT ST. COLUMBA'S SCHOOL



Josephites participated in the Columban MUN organised by St. Columba's School, New Delhi on the 4th and 5th of August 2023. The event had more than 450 participants from 18 schools. A delegation of nine students participated. They discussed and deliberated on prominent national and international issues and won the following awards: 1) High Commendation: Gurleen Kaur XI-D (Committee GCM 2) Special Mention: G201 Kanwar Partap Singh X-D, Jenylle Linnette Henry IX-E, Insiya Singla X-A, Anahad Kaur Sandawalia IX-D( UNHRC)



# CARNIVAL AT SACRED HEART, LUDHIANA

Sacred Heart Convent School, Ludhiana organised a Carnival on 20 August. It comprised of innumerable events. Josephites put their best foot forward and brought laurels home.



Second prize in  
Art installation



Tenacity of  
Basketball team



Endurance of  
Quiz squad



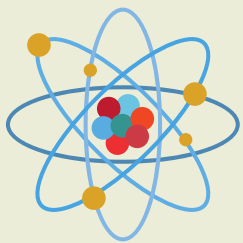
Third place  
in Football



Charismatic  
Choir







# SCIENCE MODEL



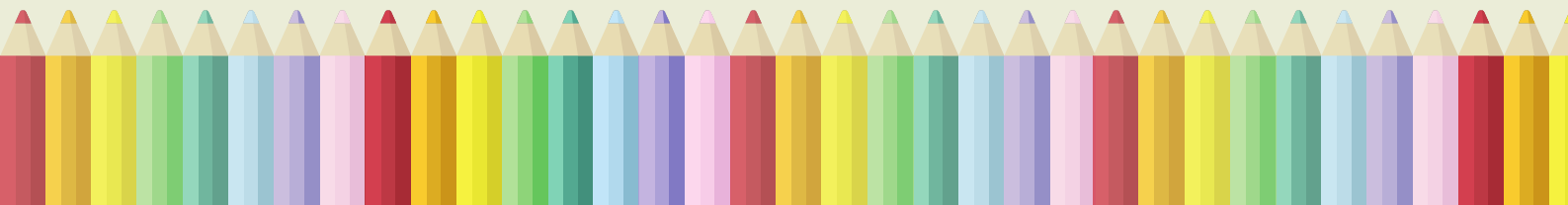
St Xavier's School, Bathinda conducted an event 'EduXpo, Science in me 2023' on 12 August in which two students Manya Garg and Yogita Bansal got 1st position with a cash prize of 3000/- in Science model making on the topic "Revolution in the security system in modern period".



# ART WORKSHOP



Sardar Sobha Singh Memorial Chittarkar Society, Bathinda under the series 'Learn and Teach' organised a two day art workshop on 12 and 13 August 2023 at Teachers' Home, Bathinda. Students awarded certificates for active participation were Ishaan Bansal (II D), Aashna Jindal (VB), Ananya Bansal (VI B) and Aariv Malhotra (VII D).





# RAPPORTEUR AT SXMUN



Gurleen Kaur of XI-D was appointed as a rapporteur in the SXMUN'23. Her inaugural experience as an executive board member in the St. Xavier's MUN 2023, presiding over the World Bank committee with the largest delegation, was awe-inspiring. Despite being the youngest board member amongst all, her profound expertise and relentless dedication were evident in her poised demeanor and astute judgment. Her exceptional debating skills and enriched discussions were reflecting her thorough intellect and commitment.



## BEST SCHOOL DELEGATION



Another remarkable achievement by 51 Josephites in the 7th edition of SXMUN-23 held at St Xavier's School, Bathinda on the 18th and 19th of August 2023. Again Josephites have proved their mettle by bagging the 'Best School Delegation' award. Their outstanding performances were the result of their tireless efforts, unwavering team spirit and collaborative training sessions.







# TAEKWONDO CHAMPIONSHIP



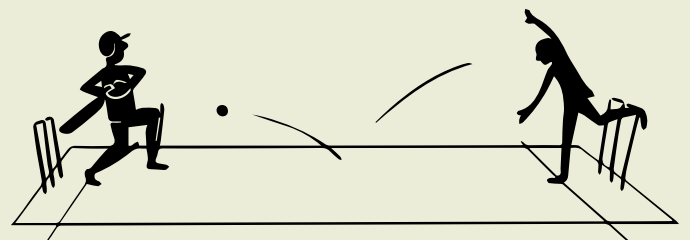
The Josephites showcased their talent at the 7th Kyurogi and 6th Poomsae District Taekwondo Championship. Remarkably, Guransh of class IX and Jehnaaz of class V, received the prestigious Best Player Award for their exceptional performance across three national championships. Equally commendable were Krishika and Rasmreet Kaur of class IX, who secured a gold medal in the district championship, earning them a Special Award. This thrilling competition unfolded at Mount Litera Zee School, Bathinda, spanning two days on September 2nd and 3rd.



## VICTORY AT DISTRICT SCHOOL GAMES

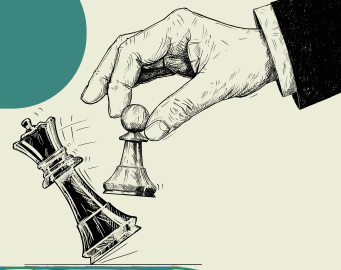


The Josephites took part in the Under-14 District School Games for cricket where their cricket team emerged victorious. Remarkably, six Josephite players contributed significantly to their triumph, led by the able captaincy of Updeshwar Singh Bhuttar. Among the standout players were Devendeeep Singh, Naveer Singh, Vyom Garg, Vinayak, and Rudraksha, each showcasing their skills in various positions on the field. After a prolonged hiatus of nine years, the Zone-2 Under-14 boys cricket team accomplished a resounding victory in the tournament.

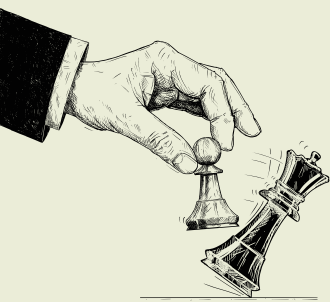




# CHESS WINNER



Aishani Duseja of class VI B participated in the 17th Uttarakhand State Chess Championship 2023, Under 11(Girls) category held from 29 July to 31 July at Dikshant International School, Haldwani. She was placed 3rd on the merit list.



# AUTHORS OF ST JOSEPH'S



Albert Einstein has rightly said, "Creativity is intelligence having fun."

On the occasion of Independence Day, our students Vibhuti Sharma of class XII-D and Avika of class IX-A were honoured by Chief Guest, Mr Amulya Garg and worthy Principal, Sister Ophilia Lobo for pursuing their creative pursuits and excelling in them. Their books titled 'Forelsket' and 'A Journey of Aria' have been published respectively. The students presented their books to the Chief Guest who took keen interest in reading them. He lauded the achievements of both of them.





# SCHOOL CADET AT RDC



Naaz Ratti, NCC cadet participated in Republic Day Celebration 2023. The school takes pride in announcing that she is the first school cadet to represent Punjab directorate in RDC from NCC UNIT 20 Punjab Battalion Bathinda. She was honoured with Director General Commendation of NCC, India for her spectacular performance and achievement in NCC.

## CHAMPIONS OF CRICKET TOURNAMENT

Civil Lines Club, Bathinda had organised under12 cricket tournament. The champions of the tournament are proud Josephites: Kunwar III-C, Manhar IV-A, Delansh IV-B, Savraj V-D, Bakshjot V-D, Tanush Bansal VII-C and Pritham VII-F.



# CRICKET



## What makes us unique?



*Still photographs of morning assembly being conducted by teachers during Term-I examinations.*

The management and the faculty members are invariably prepared to assist the students beyond academics. The teacher and the taught share amiable bond wherein the taught blooms holistically.

