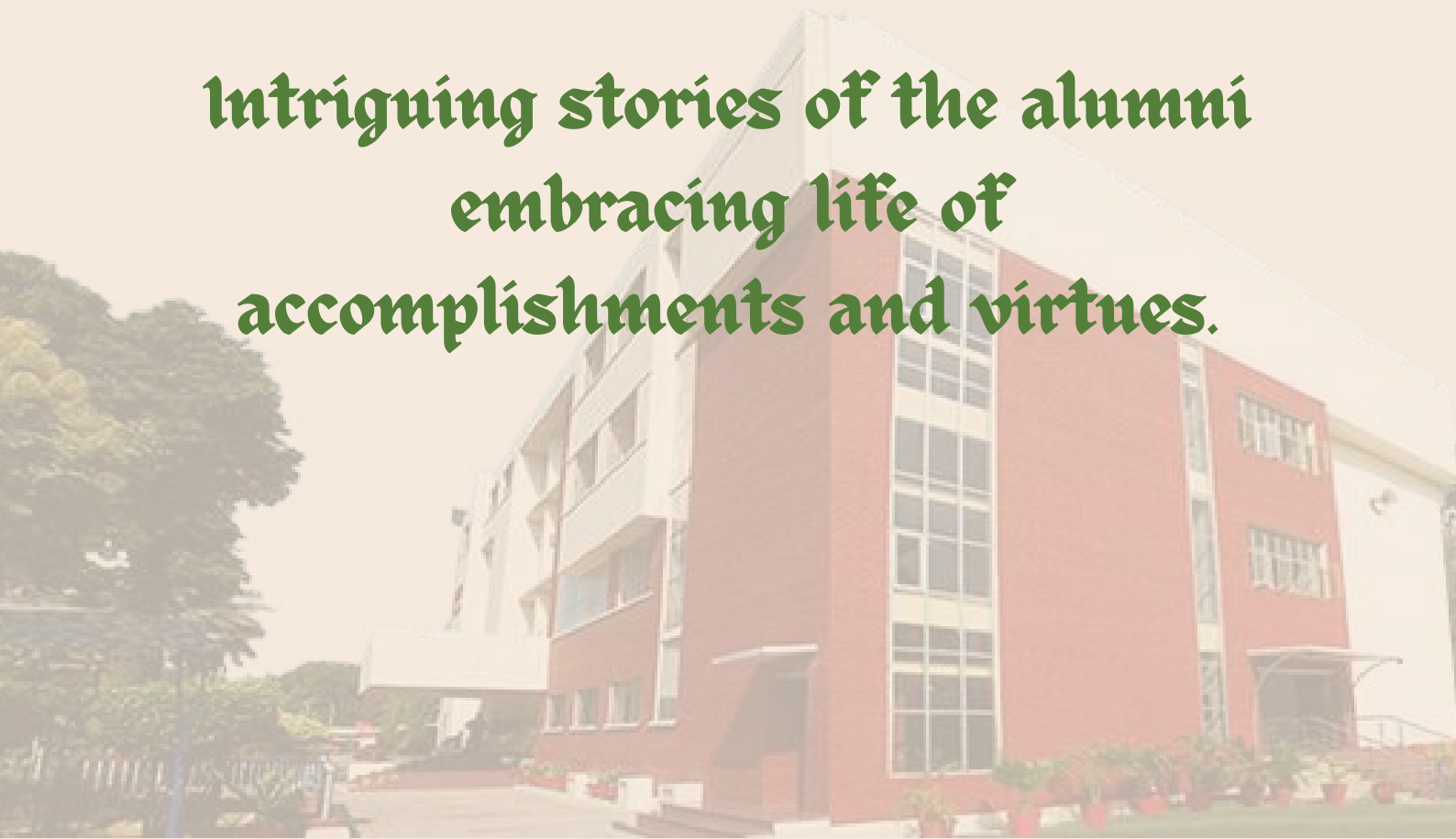




THE DANDELIONS

BY ST JOSEPH'S CONVENT SCHOOL, BATHINDA

**Intriguing stories of the alumni
embracing life of
accomplishments and virtues.**



The background of the image features several dandelion seed heads in various stages of maturity, some with white, fluffy seeds and others with brown, dried heads. They are set against a vibrant teal background. A central teal rectangular frame contains a white box with a quote in a cursive font.

“ Josephites are
like Dandelions
who depart
from home
to welcome
new avenues. ”

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FROM THE PRINCIPAL'S DESK

People long to go back to their schools while navigating through the complexities of their adulthood and spend some quality time with their teachers and classmates. There is something special, though inexplicable. In addition to the structured learning environments where students gain knowledge, grow in understanding, and develop skills, school is a great feeling. Interestingly, what incentivizes these adults is not their fond memories of their childhood but rather a desire to be a child again. Yes, the best time of our life is spent in the schools; as school-going students and as school teachers.



St Joseph's Convent School creates memories. We add a vibrant rhyme to the joy and innocence of the younger generation. Along with revitalising their brain cells with new arenas of knowledge, we also help the students understand and adhere to moral principles in their personal and professional lives. They learn to behave consistently with correct choices, principles, values, and moral standards even when they are faced with adversities and problems in life. The students grow up with ample opportunities to interact with their peers from different socio-cultural and religious backgrounds, fostering mutual respect, social skills, teamwork, empathy, and resilience.

Celebration of life is a choice. Happiness is again a choice. Through this special issue, we wish to communicate the colours of life, positivity and happiness of Josephites along with their achievements with you. May these musings of our alumni inspire you and bring in a smile on your faces.

I wish to congratulate Mrs Meesha Gupta for turning my dream into a reality through this debut e-newsletter, 'The Dandelions'. May God bless her bountifully for her relentless efforts, dedication and perseverance in collecting, collating and presenting the views and feelings of Josephites with all of us.

Sr Ophilia Lobo
Principal



EDITOR'S MESSAGE



Dear Readers

The Dandelions is the first ever newsletter published by St Joseph's Convent School, Bathinda that encompasses real life stories and experiences of its alumni.

Dandelions grow into vibrant yellow flowers, and soon transform into white flower with fluffy seed head when it is matured. As the wind blows, a spread seed generates a rosette of tiny leaves near the ground's surface, developing a deep tap root. And the dandelion life cycle starts all over again. The dandelion flowers are known for their ability to thrive in challenging conditions, pushing through concrete and returning year after year. This resilience makes them a powerful symbol of strength, determination, and the ability to overcome adversity.

Josephites are like the dandelion flowers who learn invaluable lessons during their span at school. Thereafter, they walk on their chosen path, conquer challenges that come their way and emerge as a winner. They persevere in all circumstances with utmost faith in the supreme power and moral values.

As a stalwart of the institution, I wish each student of St Joseph's to be ignited by the stories of its alumni and walk an extra mile to make a difference in life of themselves, the society and the nation.

I express deepest gratitude to the worthy Principal, Sr Ophilia for giving me the opportunity to curate a newsletter on the school alumni. Multifold thanks to all those who lent a helping hand in bringing the stories to this platform.

Meesha Gupta
Editor and Designer

SALUTE TO SELFLESS SOULS

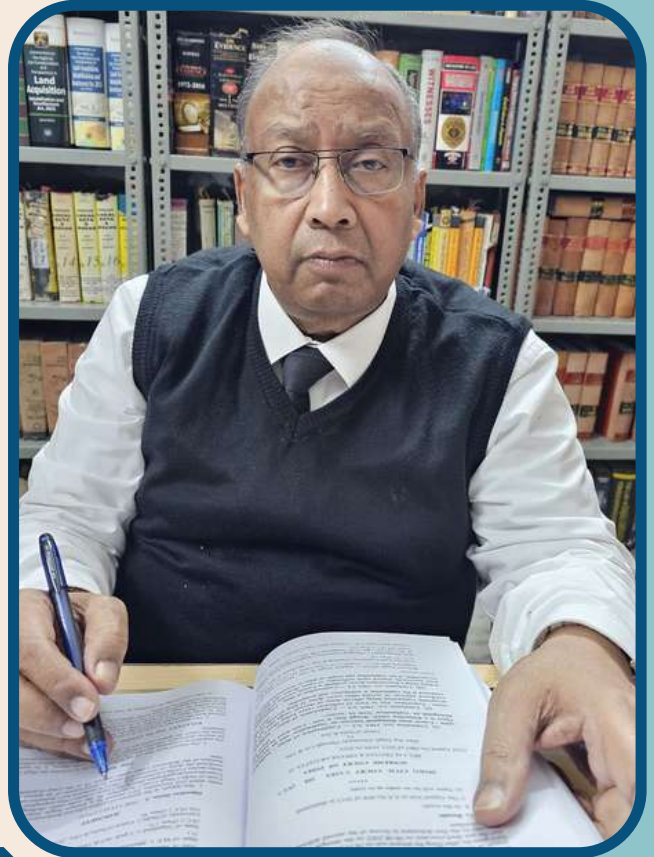
I introduce myself as a fairly successful lawyer practicing in Civil law at Bathinda having done my schooling at St Joseph's Convent School, Bathinda Batch 1971.

One gets nostalgic when recollecting the memories of our schooling period.

We were amongst the earliest students of the school. The school then had no facilities or furnished accommodation as existing today. But then, it had a par excellent staff headed by Revered Mother Gemma, eminently good natured while a strict disciplinarian. Memories of Sr Florence is still afresh, who despite her affection always kept students on their toes. She had insisted upon my own children during their subsequent schooling period to call her 'Dadi Sister'. Then the image of strict painstaking Mrs Gupta (incidentally my mom) and Shashtri Ji- both of them were National Award winning teachers flash across my memory. The ever helpful Mr Simon and our PT Sir Avtar Singh, who incidentally paid the food charges of Hockey and Cricket teams from his own pocket.

All our teachers and administrators were a blessed bunch who were instrumental in making us responsible citizens of the Nation. Hence their role and contribution can never be forgotten. I can recollect the innumerable fines paid by me for speaking in Punjabi during school time as the school authorities toiled very hard to turn us into English speaking students, ready to compete with outside world/students without any inferiority complex.

Mother Gemma exhorted us to be honest and to avoid cheating. Thus inspired, I



Adv. Rajiv Gupta

myself shunned unsolicited offer made by the invigilator to prompt the answer of a question which I had left blank in my matric papers. After the paper was over the Centre Superintendent remarked Sr Florence, who had come to collect the students' batch, to please convey to your Principal that no invigilator is required to be posted at a Centre where the students of St Joseph's Convent School appear for their exams. The words still ring in my ears.

I shall remain eternally indebted and beholden to Sisters of Little Flower of Bethany for landing up on the distant primitive shores of Bathinda to spread the light of education in Malwa belt and change our lives for good forever. Memories of school days never fade.

Koi Lauti de mere beete hue din...



THE MORAL COMPASS

"Therefore, my beloved brothers, be steadfast, immovable, always abounding in the work of the Lord, knowing that in the Lord your labor is not in vain." > > > (1 Corinthians 15:58).

These are the words enriched in the Holy Bible that have been a guiding light for my path to where I have reached today. It is under the aegis of the Bethany Educational Society (Regd.), Mangalore that I started my journey at St Joseph's Convent School as a young boy of mere 3 years, still unaware of the whirlwind called life. But in this institution, I was enriched with moral values, inspired with stories of great men and women, made healthier by the constant focus on sports, given wings to fly to reach to the skies because of the constant resonation that nothing in this world is impossible.

BES gave me such strong fundamentals and values that became etched in every part of my being for the rest of my life, especially the core values of compassion, dignity of labour, kindness and at-par treatment of all human beings. The spirit of giving back to society was instilled in me by the education at St Joseph's Convent School. It was further reinforced by the Joy of Giving Week celebrated each year. The inculcation of scientific acumen and the freedom of thought that this institution gave me, bolstered my journey of life in Science, Research, Academia and Administration.



Dr Gurinder Pal Singh Brar

St Joseph's Convent School does not build scientists or doctors or engineers or civil servants. This institution fulfils the much larger and more pious task of Nation-Building and Society-Building.

I owe all of my success to St Joseph's Convent School, Bathinda.

Dr Gurinder Pal Singh Brar
BE, M.Tech, PhD, FIE, FISROSET, FIETE,
FIWRS, MIFERP, CEng, LLB
Registrar and Secretary - Board of
Governors
Maharaja Ranjit Singh Punjab Technical
University, Bathinda

TOUCH THE SKY WITH GLORY

My journey from the corridors of St Joseph's to the skies and beyond has been nothing short of extraordinary. I was the first student of St Joseph's to join Indian Air Force. My career in Air Force spanned 23 years, flying various aircraft. I have performed roles of commanding officer, flying instructor, and senior leader at Air Headquarters. This was followed by a transition to senior management positions in civil aviation in India and the UAE. I owe a significant portion of my success to the values instilled in me by the Sisters and teachers at St Joseph's.

St Joseph's laid the foundation for my achievements through its unwavering commitment to quality education. The strong academic base helped me to develop my knowledge and skills for success in my further education and career. Furthermore, the moral values embedded in every aspect of life at St Joseph's shaped my character and guided my actions both on and off duty.

The exposure garnered through extracurricular activities at St Joseph's was invaluable in honing my leadership abilities and fostering a sense of camaraderie. Engaging in sports, debates, and group activities not only enriched my academic experience but also taught me the importance of teamwork and communication skills, which were vital in my roles within the Air Force and civil aviation. After almost 50 years I'm still in touch with my school classmates!

The values of integrity, discipline, and service instilled by St Joseph's have continued to guide me long after passing out of school.



Gp Capt Ashwani Gupta (Retd)

To the current students of St Joseph's, I offer these words of inspiration: Embrace every opportunity with enthusiasm and determination. Remember that success is not just about academic or personal achievements but also about making a positive impact on the world around you. Stay true to your values, and never underestimate the power of hard work and perseverance to achieve your dreams. Your time at St Joseph's will shape you in ways you cannot imagine, paving the way for a future filled with endless possibilities. Most importantly, enjoy every aspect and moment of school life. Its only later you will realise that 'those were the best days'.



SHOOT FOR THE MOON

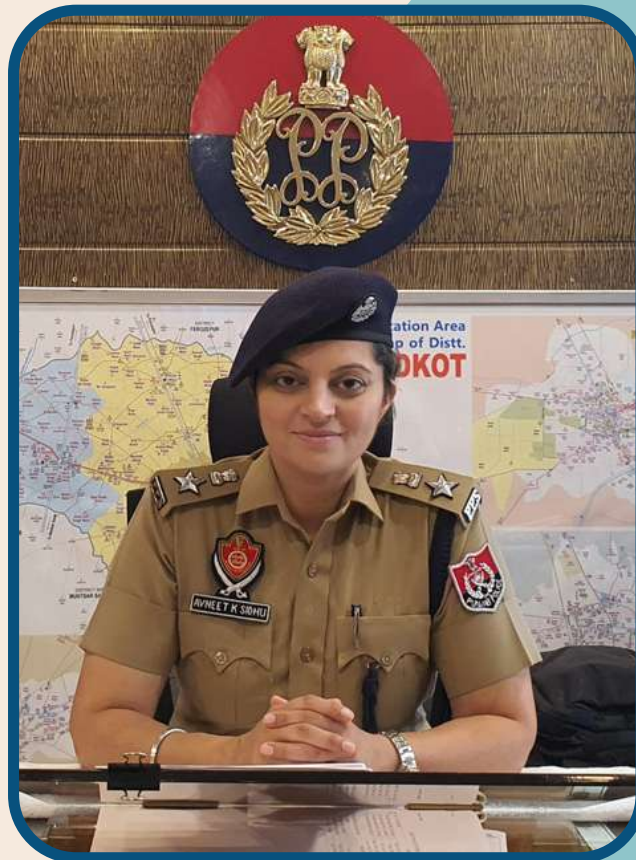


Avneet Kaur Sidhu

School is a place which grooms our personality, nurtures our character and gives us the courage and confidence to go out in the world and chase our dreams.

I consider myself extremely fortunate to have studied in St Joseph's Convent School, Bathinda. It has laid a solid foundation in building my character and henceforth a successful career. Apart from providing an excellent base for academic goals, it is the strong moral values instilled in me in this school at such an early age that have set me apart from the crowd. I strongly believe that a secular and unbiased atmosphere provided to us at the school has helped many of us to grow into peace-loving individuals.

The values of integrity and compassion, the courage to stand for the truth and to



treat everyone around me equally, are the values for which I whole-heartedly give credit to what I learnt in this school. I pay highest regard to the contribution made by Sisters and teachers in providing us an outstanding environment to help us face the challenges of life.

I also congratulate the management and the staff for the commendable achievements made by the school in various spheres.

Always a proud Josephite.

Best wishes
Avneet Kaur Sidhu, PPS
AIG Intelligence, Bathinda
Olympian & Arjuna Awardee

TRUST IN GOD



Dr Aman Kataria

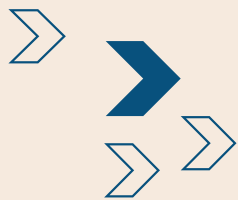
I'm Dr Aman Kataria, an alumnus of St Joseph's Convent School, Bathinda. I completed my B.Tech in Electronics and Communication Engineering from Malout Institute of Management and Information Technology (MIMIT), Malout in 2010. I pursued my Masters in Electronics and Instrumentation Control Engineering, followed by a Doctoral degree in 2013 and 2020 respectively from Thapar Institute of Engineering and Technology, Patiala. Currently, I'm serving as an Assistant Professor at Amity University, Noida. Previously, I worked as a Project Associate at CSIR-Central Scientific Instruments Organization, Chandigarh, and as a Lecturer at the National Institute of Technology, Hamirpur in the Electronics and Communication Department. Throughout my career, I've been actively involved in research, publishing papers in various reputed journals and conference proceedings. Additionally, I've been granted three international patents. My research interests span across Machine Learning, Artificial Intelligence, Image Processing, Cyber Physical Systems, Internet of Things, and Soft Computing.



I ascribe my success to the Bethany sisters and the faculty members of St Joseph's Convent School, Bathinda who did not leave a stone unturned to teach me crucial lessons. The school attributed in strengthening my faith in God Almighty. The lessons taught not only facilitated in gaining bookish knowledge but also made me smart and wise to face the world. I thank the school for building a strong foundation which is reflected when I deal with my own students.

CORE VALUE

God Experience



INVINCIBLE STRIDE



Viraj Thakur

Having changed nine schools due to the exigencies of my father's profession as an army officer, adaptability, resilience, and discipline are an integral part of my life. The welcoming warmth of the students and the faculty at St Joseph's made me feel at home. My grandfather, Col JS Maan, lives in Bathinda and it was from him that I learnt that there are no shortcuts to success and it is imperative to push the boundary of one's threshold through consistent hard work. St Joseph's gave me the opportunity to be a part of the MUN team and the guidance propelled me towards my favourite hobby- debating. I have won various national and international level debates. At the prestigious World Individual Debate and Public Speaking Competition in Canada, I was awarded the 3rd best Persuasive Speaker and 8th overall. However, the values of perseverance, diligence, and discipline that St Joseph's taught me, allowed me to stay focused on my academic goals as well. The values allowed me to get 99% in grade 12 (with a 100/100 in Mathematics) and an AIR 50 in CLAT, the law entrance. I placed 4th at international level in the



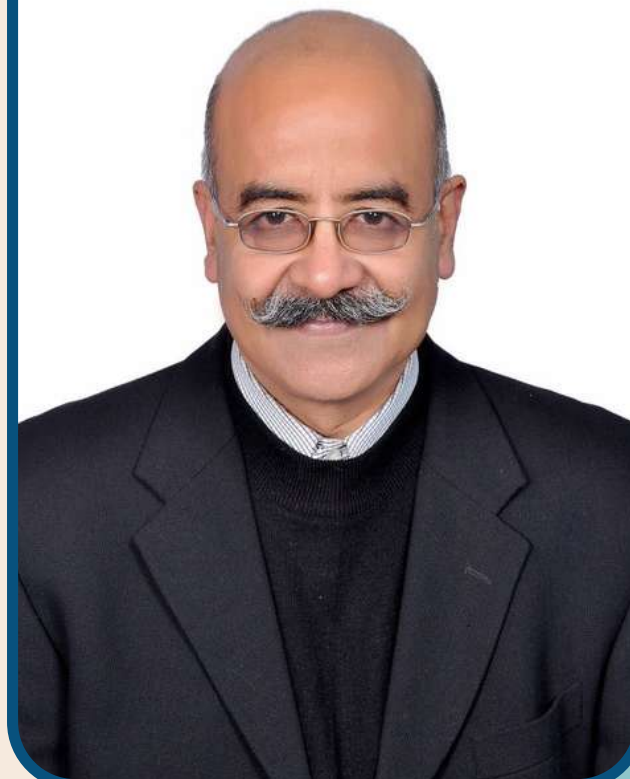
International Commerce Olympiad and got AIR 24 at the National Economics Olympiad. Thus, when I shifted to Vivek High School, Chandigarh, for grades 11 and 12, apart from my academics, I was the debate club captain, House Captain, editor of the school newsletter and the volleyball captain- I strongly maintain that none of this would've been possible without St Joseph's.

At present I am pursuing law at National Law School of India University, Bangalore and am currently topping the batch. NLSIU is probably one of the most rigorous institutions in the country; yet, I look forward to each day because when passion fuels you, challenges become meaningful, and challenges can only stay meaningful when you can keep your head afloat in any situation at all- the rigour at St Joseph's has allowed me to continue succeeding, and I am forever grateful for it.



Prof. Dr. Vitull K. Gupta

My time in St Joseph's Convent School (batch 1963) inculcated sense of service, academics and sports in my personality which helped me grow as professor of medicine, health and human rights activist, environmentalist, sports person with medals in table tennis, swimming, badminton and lawn tennis, an academican with immense passion for medical education and research. I have more than 50 scientific publications, 45 chapters and delivered numerous guest lectures, became Chairman, Association of Physicians of India (Malwa Branch), National Convener, Pollution Council of Cardiological Society of India, Chairman, RSSDI (Punjab), member of several national medical associations, organised hundreds of medical camps especially during COVID pandemic and



awareness programmes, radio talks, ran free COVID treatment hospital. I am associated with various NGOs, environmental and theatre groups and social organisations dedicated to serving humanity. I am indebted to the school administration, my family, teachers, seniors and friends without whom all this couldn't have been possible.

CORE VALUE

*Compassionate love for all,
especially the poor and the
marginalised.*

PERSISTENCE PAYS OFF

I am currently working as a Postdoctoral Researcher at the Greenhouse and Nursery Pathology lab within the Department of Plant Pathology at the University of California, Davis, United States. I completed my Ph.D. in Plant Sciences at South Dakota State University in 2022. Prior to that, I earned a Master's in Plant Pathology (with a Minor in Entomology) and a Bachelor's in Agriculture with Honors in Crop Protection from Punjab Agricultural University, India. My academic journey began at St Joseph's Convent Sen Secondary School, Bathinda, where I graduated in 2010.

Entering St Joseph's school as a child, I had no idea what life had in store for me. Despite more than 12 years passing since my graduation, I continue to express gratitude to St Joseph's Convent School. Each time I speak an English word, use an English alphabet, meet people from around the world, or advance in my career, I attribute my diverse outlook on life and solid professional foundation to the teachings of the school.

Throughout my career, I have received numerous awards and recognition. As a certified Science communication fellow, I have actively participated in programs such as Skype-a-Scientist and Paper airplanes, aiming to inspire the next generation of STEM professionals. Notable awards that I received include the 2023 International Society of Molecular Plant Microbe Interactions Travel Award, the 2021 American Phytopathological Society-North Central Division Travel Award, and the 2020 Curtis Stern Memorial Scholarship by the National Sunflower Association in the US. In India, I received the 2019 Plant Pathology Alumni medal,

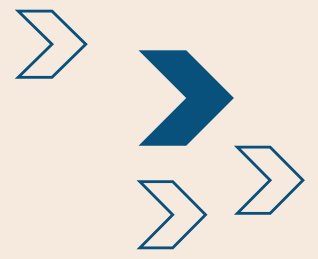


➤➤ Ruchika Kashyap

2019 Dr. T. S. Thind Gold medal for best master's student, Dr. Sukhdev Singh award for best essay and oration along with receiving University color and University Merit Certificate in both theater and Literary from Punjab Agricultural University. I was also chosen as the best speaker and best debater of the University.

I am short of words for the role St Joseph's has played in shaping my career, but all I can say is I attribute my professional and personal development to the school. I bow down to the esteemed institute for everything that I have ever achieved, and I promise to continue inspiring people and society with the light instilled in me by my beloved, St. Joseph's Convent School.

SUCCESS MANTRA



Dear St Joseph's family,

It was a great privilege to have studied from this incredible school. The education that I received for all the years that I spent in this school has taught me a simple yet powerful truth: the journey you're on is a canvas waiting for your unique strokes of brilliance. Each day presents an opportunity to paint a masterpiece of your dreams and aspirations.

The world eagerly awaits the emergence of your talents, your ideas, and your passions. Embrace your education, not just as a stepping stone but as a foundation upon which your ambitions will flourish. Remember, it's not just about the grades or the classes; it's about discovering who you are and what you're capable of achieving.

The years spent in learning at St Joseph's high school laid the groundwork for the adventure of a lifetime. My appeal to all students is to embrace it all—failures, successes, friendship, and lessons—and let your enthusiasm light the path to a bright future that's waiting for your unique touch.

With best wishes,
Gurmeet Singh Chauhan IPS
Assistant Inspector General of Police
Anti Gangsters Task Force
Punjab



Gurmeet Singh Chauhan

CORE VALUE

*Communion,
Collaboration
and Team Spirit*

THE ENTREPRENEUR



Aman Kumar Singla

Reflecting on my journey from a St Joseph's graduate in 2013 to an entrepreneur trying to make a significant stride in the healthcare sector, it's evident that the foundation laid by my alma mater was instrumental in my achievements. The rigorous academic curriculum, complemented by a strong emphasis on moral values and a plethora of extracurricular activities, not only prepared me for the challenges of the Indian Institute of Technology (IIT) but also instilled a sense of purpose and dedication towards my goals.

My passion for design and coding found its roots in the art classes and competitions organised by the school. This fostered creative spirit that later flourished into a successful design studio during my years at IIT. Working with giants like Google and Microsoft, was a testament to the quality of education and the encouragement to pursue excellence beyond the classroom that St Joseph's provided.

The transition from a tech professional in the US to initiating Curelink, a healthtech



company aimed at revolutionising patient care in India, was driven by the values of social service and community welfare that were ingrained during my school days. The support and mentorship of respected teachers have been pillar of strength, guiding me through this journey of innovation and service. I am grateful for their support and mentorship which continued even after school. Currently, Curelink employees 120 people and has provided holistic care to 50 thousand patients.

To the students of St Joseph's, let my story be a reminder that with hard work, dedication, and a heart for service, there are no limits to what you can achieve. Let the values and lessons learned within these walls inspire you to not only reach for the stars but to create a positive impact in the world around you.

TRANSFORMATIVE EDUCATION

I am Ishan Singla, a proud alumni of St Joseph's Convent School from the batch 2011-12. I am currently serving as a DSP in Punjab Police and saying that my school played a pivotal role in my success would be a gross understatement.

St Joseph's has played a pivotal role in fostering success among many students like me through holistic approach in education. The school's commitment to quality education has equipped us with the knowledge and skills essential for success in whichever field we chose. But this is not limited to academics as the faculty has instilled moral values that serve as a foundation for ethical decision-making in our day to day lives.

Moreover, the school's emphasis on extracurricular activities has provided us with valuable exposure and opportunities for personal growth. Engaging in sports, arts, and other social activities has not only honed our talents but also nurtured qualities like teamwork and leadership.

St Joseph's transformative impact is evident from the success its students have achieved in various fields as it goes beyond academic achievements. The combination of quality education, moral values, and a diverse range of extracurricular activities has facilitated a comprehensive development of students. The nurturing environment has empowered us to face challenges with resilience, shaping us into well-rounded individuals prepared for success in our future endeavours.



Ishan Singla, PPS

In essence, St Joseph's stands as a catalyst for transformation, guiding students toward a path of accomplishment by fostering a balanced and enriching educational experience.

CORE VALUE

*Excellence in terms of
developing each one's unique
potentialities to build a just
and humane community.*

MY JOURNEY



CA Vijay Raj Jindal

I remember that nervous young boy stepping through the gates of St Joseph's in 1989, today as a seasoned Chartered Accountant with over 22 years under my belt. I can confidently say that journey transformed me. St Joseph's wasn't just an education; it was the foundation of who I am and what I've achieved.

The quality education was top-notch, but it went beyond academics. Teachers instilled core values like integrity, confidence, and clear communication skills that became the bedrock of my career. They pushed us to think critically, make sound decisions, and respect each other. These weren't just lessons; they were woven into the school's very fabric.

St Joseph's wasn't just about books. The extracurricular activities from sports to debates helped me break out of my shell, build teamwork, and discover hidden talents. It was on those dusty fields and bustling stages that I learned to lead, collaborate, and embrace challenges—skills that proved invaluable in the competitive world of finance.



The transformation St Joseph's brought about was profound. I entered as a shy boy with dreams of being a bank clerk. I left years later, armed with knowledge, confidence, and a burning desire to excel. The school's reputation opened doors, but it were the values I learned— integrity, discipline, and dedication – that propelled me forward.

To the current students, my message is simple: Cherish your time at St Joseph's. Embrace the education, the values, and the opportunities. Love what you do, be honest in your words and actions, and work hard. Remember, the foundation you build here will stay with you forever, just like it has with me.

So, dear alma mater, thank you. You gave me the wings to soar, and I wouldn't be the man I am today without you.

ENCOMIUM TO ALMA MATER

My scholastic journey at this institution has been profoundly transformative, serving as a critical catalyst in shaping my professional trajectory and fostering personal development. It played a vital role in moulding me into an adept judicial officer. The educational framework not only disseminated academic knowledge but also instilled enduring moral values. Through a holistic pedagogical approach, the curriculum prioritized character development, imparting the importance of integrity, empathy, and accountability. The dedicated guidance of educators extended beyond theoretical realms, emphasising practical skills and real-world applications. This comprehensive education has unequivocally been the cornerstone of my career achievements, equipping me with not only the requisite professional acumen but also a robust ethical foundation to navigate the complexities of my chosen path. I express my gratitude to the institution for its instrumental role in not merely providing vocational preparation but significantly contributing to my growth as a versatile and conscientious individual.

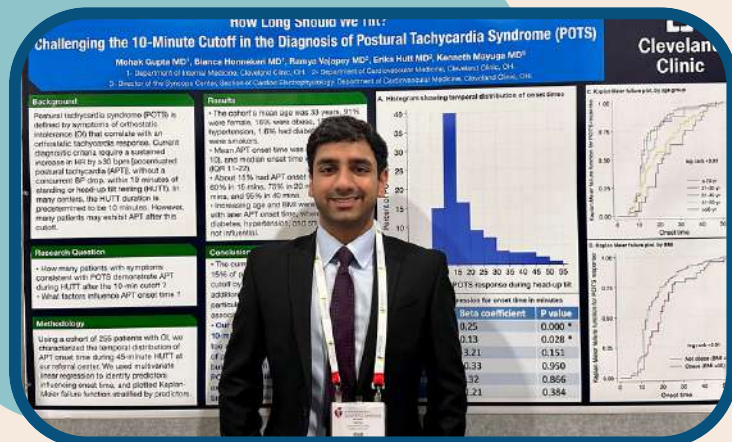


Sherryl Sohi, Civil Judge

CORE VALUE

*Truth, Love, Justice
and Peace*

WISH IT. PLAN IT. DO IT



Dr Mohak Gupta

Ten years and three training institutions ago, I graduated from St Joseph's in 2012. My journey thereafter has taken me places— MBBS at AIIMS Delhi, internal medicine training at Cleveland Clinic in US, and soon cardiology training at Houston Methodist Hospital. I feel blessed to train at these centres of excellence, but it all started with my 12 years of schooling at St Joseph's in the humble city of Bathinda. I fondly remember memories of dancing and hosting in functions, making a laser security system in science fair, hanging out and sharing tiffins with friends in recess, playing football and getting tanned in the summers. I remember all the amazing teachers, who really cared about my growth and helped me become my best self. A school can only offer you opportunities, but only you can seize the moment— trying different things until you figure out what it is that you are passionate about. Once you find that, you go for it with all your heart.



And if you don't, you never stop looking and exploring, for you may find what you love in the place you least expect it. Say yes to things, increase your luck surface area, and good things shall come to you. Learn meditation, the brightest brains in the world trust this tool to live a productive life. While doing this, stay true to your values, be honest to yourself, and always try to do best for others. The most rewarding feeling in my life is to see a patient whose life I have made better, even if by a bit. Clichè it may be, but there is no happiness better than that of helping another person. I hope that you will make use of the plethora of opportunities our school offers, and carry those into your life as you embark on your glorious journey.

TO KINDLE A FLAME WITHIN



Dhiral Sandhu

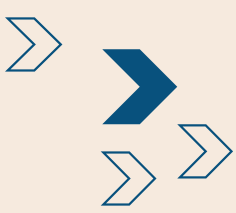
Education should not only impart knowledge but also inspire passion and shape beliefs. I consider myself to be privileged to have been a pupil of this school that has shaped who I am as a person in myriad ways, be it in terms of kindling my interest in academics or values like empathy, integrity and compassion that form the very core of my being, in day-to-day affairs or the professional setting. This institution gave me opportunities in the forms of compèring, writing, debates and declamations but most importantly the opportunity to be a part of the social service week and daily values inculcated in me along the lines of the joy of giving, prioritising others' needs and catering to the well being of the ones in dire need helped me discover my inclination towards being a social worker. I'm currently working in Bihar in a fellowship program that allows me to work at the grassroots in areas of menstrual health



and hygiene, maternal mental health, improving public health facilities along with interventions about education in schools. All of this would have nowhere been possible if the institution had not kindled my ardour in the said field and opened up prospects.

CORE VALUE

*Simplicity of Life Style
and
Dignity of Labour*



CHASING PASSION



Ishaani Nayyar

A lawyer by profession and a biker by passion. Someone asked me once that why do you so passionately say that you are a proud Josephite and how do you still remember the school song and other rhymes from your song book. I told them that St Joseph's has played a vital role in contributing to my success.

The foundation of my success has been set by my school in every manner and at every step. I think the right foundation matters a lot in everything you do. St Joseph's for me has been that right foundation for building my professional as well as my personal life. All the teachers have played an important role for which I cannot thank them enough. Be it moral science classes, language classes, core subjects, co-curricular activities, St Joseph's has given me the best of everything and has groomed me to be a better person. Being a Millennial, I can say one thing that no matter how trends change and shift, there are some staples that will hold a special place when building your life.

With over a decade of experience in the legal field, I am currently the General



Counsel of a multi national company for their India business. I head the legal and compliance team for my company. I am a qualified lawyer, a company secretary and a certified fraud examiner. I have served in the board of directors of my existing company for two years and currently head roles of the Ethics Officer and Data Protection Officer as well.

The school has given me the confidence of speaking in public and standing for the right thing. I will always remember what the school has taught me i.e. it is the Almighty who will always shield you and protect you when you are true to yourself and honest with life.

Some words of inspiration to the students. Stay focused as you are learning from the best teachers and the best school. Enjoy every moment as these become your lifetime memories.

TRYST WITH TRIUMPH



Anshaj Malhotra

I'm Anshaj Malhotra Currently based at Mumbai heading one of India's top Hospitality brands like EHV International, Indian Accent, Comorin and Fireback. I am 2006 batch pass out from one of Punjab's most prestigious school, St Joseph's Convent School, Bathinda.

School has played a pivotal role in shaping the person I am today. Beyond imparting academic knowledge, it has been a crucible for personal growth and development. The structured environment of school instilled discipline, time management, and the importance of hard work. Through various subjects, I gained a broad understanding of the world, honing critical thinking skills that are crucial in navigating life's complexities.

School provided a platform for diverse social interactions, fostering teamwork, leadership, and empathy. It cultivated a sense of community and taught me the value of collaboration. Additionally, the challenges presented in school, both academic and interpersonal, served as



valuable lessons that prepared me for the realities of competitive world.

In essence, school has been a transformative journey, equipping me with the tools and experiences needed to navigate the complexities of life, fostering a foundation for continuous learning and personal growth.

CORE VALUE

*Respect for Life, Nature,
Culture, Religions and
Love for the Nation.*

SETTING BENCHMARK



Dr Tarwinder Singh Nagpal

When you achieve a status in life which is high enough to inspire many, and yet you bow down in humility in front of your alma mater to have made you capable enough to fight the odds and express yourself. One might not realise the essence of ones organisation till one turns out be the leader of the herd and that day big thanks might not be enough to express your gratitude or love for your alma mater. Acing as a well established Laser Cosmetic Surgeon, I owe my success to St Joseph's Convent School. May God Bless one and all who were and are a part of this esteemed organisation.

RELEASE YOUR INHIBITIONS



Harmanbir Brar

I was born and raised in Bathinda and attended St Joseph's Convent School from LKG to 10th. I studied Chemical Engineering from University of Waterloo, Canada, MBA from IE Business School, Spain, and most recently Master of Finance from the University of Cambridge, UK.

Growing up, I always had interest in sports. At St Joseph's, PT period was my favourite period as we played football. In Canada, I represented my high school in a state level swimming competition. During Engineering, for one year I was part of the University of Waterloo Track and Field team and competed in state university track competition. Subsequently, I began working out in the gym. However, six years ago I took to boxing classes and felt I had found my match in it. Eventually, it culminated in me getting selected for the University of Cambridge Boxing Team, which has a rich history that goes back to 1896. The competition within the team to represent Cambridge in a fight was even more fierce but I successfully managed to make the fighters' squad



and represented Cambridge in a competition.

While I have been to different places around the globe, the values that I learnt at St Joseph's during my 12 years at the school– honesty, hard work, integrity, and objectivity– to name a few, have been the foundation of my success and have always stayed with me. Those values have helped through my hardships, of which there have been numerous, and will continue to do so in future too. I have learnt at school that sincere efforts eventually get rewarded, one must avoid shortcuts, remain patient, and keep trying. Besides the learnings, I have very fond memories of my time at school. Even though people have taken different paths in life since, I am in touch with a few of my classmates from that time, and we are still close friends.

UNLIMITED POTENTIAL

As a Management Consultant at Boston Consulting Group (BCG), part of the esteemed MBB trio, I often reflect on the pivotal role St Joseph's played in my career trajectory. It wasn't just about acing the GMAT, thriving at Delhi University, or navigating an MBA at ISB Hyderabad; it was about the life lessons and habits ingrained during my time at St Joseph's. The school's emphasis on discipline, the requirement to communicate in English, and the expectation to maintain a polished appearance have been foundational to my professional development. More personally, the school's push towards public speaking and extra-curricular activities didn't just build my confidence; it shaped who I am. Reflecting on my school days reminds me that education extends beyond the classroom; it's about joy, creating lasting memories, and forging life-long friendships.

Most importantly, today's world demands versatility — a blend of academic excellence, sporting prowess, and a well-rounded character.



Akshita Bansal

My advice to current students is to stay authentic, pursue a career that resonates with your passion, and remember that your biggest competitor is yourself. This mindset, I believe, is the key to not just succeeding, but thriving in whatever path you choose. And to those of you eager to grow up and forge your own path, remember my words, and believe me when I say this, school days and days spent at home with parents are unparalleled. They are, without a doubt, the best days of your life, so treasure them!

INDELIBLE SCHOOLING



Ayush Arora

St Joseph's Convent School, to me, is nothing short of an oasis amidst the vast educational desert. Its transformative influence has guided my journey from the tranquil halls of Chandigarh to the bustling corridors of Delhi, and finally, to the city of dreams called Mumbai where I now serve in a Maharatna PSU. The robust foundation laid by St Joseph's has proven itself resilient and unparalleled, consistently propelling me forward in my career.

Surprisingly, I've never found my knowledge and skills lacking in comparison to my peers who had the opportunity to study in best schools across India and abroad. This is a testament to the exceptional educational ethos of St Joseph's, a crucible of competitive spirit and a catalyst for cultivating inquisitive minds right from the inception of a student's journey.

My message to the budding Josephites echoes the ethos of innovation and interdisciplinary thinking. I implore you to liberate your minds, for the world now extends far beyond the confines of



traditional disciplines that you will be opting (or have opted) in the 11th standard. In an era where entrepreneurship is championed and job creators are revered, aspire to be one. I've witnessed colleagues abandon secure, high-paying jobs to spearhead highly profitable start-ups, underscoring the monumental shift in the contemporary professional landscape.

While in college, prioritise acquiring marketable skills over chasing top grades. Cultivate a mind capable not only of identifying challenges but also proposing ingenious solutions. Embrace the power of networking, as talent alone is insufficient- success materialises when you find yourself in the right place, at the right time, surrounded by the right people.



LIGHTHOUSE TO GLORY



**Top Row (From Left): Sr Isabella Agnes (Office Incharge),
Sr Helima (KG Headmistress)**

**Bottom Row (From Left): Sr Alodia (Co-ordinator),
Sr Navina Pinto (Vice Principal), Sr Ophilia Lobo (Principal),
Sr Gace Maria (Manager), Sr Nancy (Primary Headmistress)**

*Bethany Educational Society provides laboratory
to the inquisitive minds to experiment and
explore their unique potentialities.*

THE IGNITERS



*The faculty members of
St Joseph's Convent School, Bathinda.*

Nurturing young minds,
unlocking potential,
widening perspective,
cultivating Dandelions
in classrooms each day.
The Dandelions,
who shall
transmute the nation.

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