

ST JOSEPH'S CONVENT SCHOOL, BATHINDA



PRISM

VOLUME 203
JANUARY- JUNE 2024

KG AND
PRIMARY WING

Developing 21st Century Skills



Experiential Learning



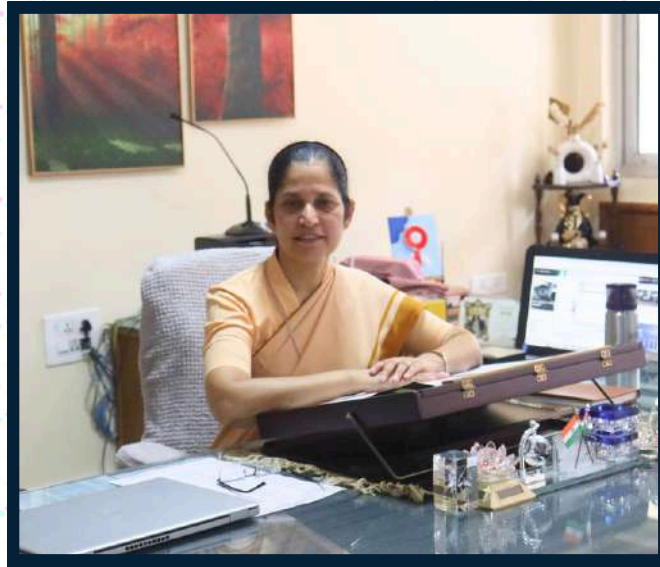
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From The Principal's Desk



"Education brings about opportunity, and in turn inspiration" says Bill Frist.

This is a small effort dear parents to let you know what your child has been doing in school during the past months. I take pride in our children's growth each day. Thank you for being the stronghold and pillar of strength for your children. We wish to appreciate your co-operation in all our endeavours to help your child grow, making use of all the opportunities provided in the Institution. May these experiences turn out to be the inspirations for the life ahead of them.

The transformative power of education does not end with formal schooling. Instead, it ignites a lifelong pursuit of learning. As we recognize that knowledge is boundless and ever-evolving, we embark on a journey of continuous growth. Lifelong learning enables us to adapt to a rapidly changing world, remain relevant in our fields, and contribute to our communities despite uncertainty. Embracing a growth mindset, we become empowered to overcome challenges and embrace new opportunities throughout our lives. Let us enable our children to be transformed transformers in the society.

I deeply appreciate the assiduity of Mrs Meesha Gupta towards this e- newsletter. May her zeal inspire each one of us.

**Sr Ophilia Lobo
Principal**





Words of Wisdom

"Tell me and I forget. Teach me and I remember. Involve me and I learn" said Benjamin Franklin

This is exactly what we at St Joseph's are trying to do so as to make your little charm to learn in life. Our ability to cultivate the powers of curiosity and reap its fruits, however, is predicated on our fragile willingness to embrace uncertainty

and welcome the unknown. I am proud to tell you that your little one is exploring life and engaging in activities that will help him/her to be a responsible adult having the fulness of life.



Sr Helima
KG Headmistress

"The capacity to learn is a gift; the ability to learn is a skill; the willingness to learn is a choice."

Learning encourages personal growth by promoting self-discipline, resilience, and a growth mindset. It helps students discover their strengths and interests, shaping their identity and aspirations.

We at St Joseph's emphasize activity-based and hands-on approach to learning.

We aim to instill a lifelong passion for learning and exploration. Our objective is to instill values, provide a supportive and an unhurried environment that allows children to explore beyond traditional academics. The best learning occurs when the learner takes responsibility for it. By encouraging our students to inquire, explore, and reflect; we hope to motivate them to take ownership of their education.



Sr Nancy
Primary Headmistress



Editor's Message



Dear Readers

Welcome to the latest edition of Prism Volume 202 that embraces diverse activities at KG and Primary Wing of St Joseph's Convent School, Bathinda conducted from January to June 2024. This issue holds competitions, achievements, recreation activities, informative sessions for students, capacity building programmes for teachers and much more. Special story of school alumni, Hriday Kanodia, who reached Mt Everest Base Camp takes the spotlight in this edition.



The school continues to thrive by imparting competency based learning and education to the taught. The school administration and the faculty members aim to inculcate 21st century skills among the Josephites via myriad teaching methodologies, activities, verbal and non-verbal communication.

I express deepest gratitude to worthy Principal, Sr Ophilia for entrusting me with designing of the newsletter for the school.

I bring you content that reflects commitment of the institution towards transformative education. I hope you find this issue both enjoyable and thought-provoking.

Meesha Gupta
Editor and Designer



Blessings of the Lord

We Begin In The Name Of God



A prayer service was organised at St Joseph's Convent School. Fr Amaro and Fr Charles facilitated God's blessings on the Josephite fraternity and the school building. Fr Amaro and Fr Charles sprinkled the holy water in the entire school campus. The enchantment of holy hymns made the atmosphere pious.



Talent Tangent

Activities

Colouring

UKG students exhibited their artistic side by taking part in colouring activity. The objective was to familiarise the children with colours of the National Flag and instil patriotism in them.



Picture Pasting



On the momentous occasion of Republic Day, LKG children curated a collection of national symbols. Students were taught identification and names of national symbols.

Learning Shapes

Children observe their surroundings keenly and encounter different shapes each day. To provide meaning to their observation of geometrical figures, an activity based on 'shapes' was organised for LKG children. They were asked to recognise the shapes of different objects they see in their surroundings. They were also shown videos related to shapes.



Corn Pasting

Activity based on the festival Vaisakhi was conducted for UKG children. The students pasted corns on the image provided to them. Corn Pasting activity boosted motor skills of the children while learning about the festival.



English Calligraphy



To escalate the skill of penmanship, English Calligraphy activity was conducted for Class I. The teachers emphasised on the art of fine writing. Students demonstrated their skills by moving their pencils artistically and scrupulously on the page.



Art Activity



Ahead of Labour Day Celebration, Art activity was conducted for UKG students. The children poured colours to the tools outlined on the sheet. This activity was a great way for kids to appreciate the hard work and dedication of our community helpers,



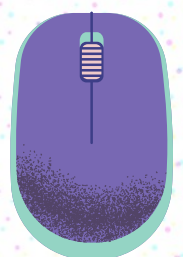
Card Making

Students of LKG and UKG expressed love for their mothers' by preparing a greeting card for them. The fun activity facilitated them to enhance skills of drawing and writing.



Computer Activity

The students of Class I coloured various parts of a computer under this activity. The children were thrilled to learn various components of computer via this enriching activity.





Welcome to LKG



St Joseph's welcomed its little explorers who stepped into the world of education, fun, building personality and shaping future. A blend of anxiety, excitement, trust, hope and love was clearly seen on the faces of parents who came to drop the little Josephites. A small welcome gift was given to the little stars and memories were captured which could be cherished for the years to come.



Math Wizard



The students of Class IV eagerly participated in the intellectually stimulating Math Wizard activity. They approached it with enthusiasm, diving into tasks centred around Roman numerals, converting Hindu-Arabic numerals to Roman equivalents. Throughout the activity, they tackled various mathematical operations, fostering not only logical reasoning skills but also nurturing mental discipline.





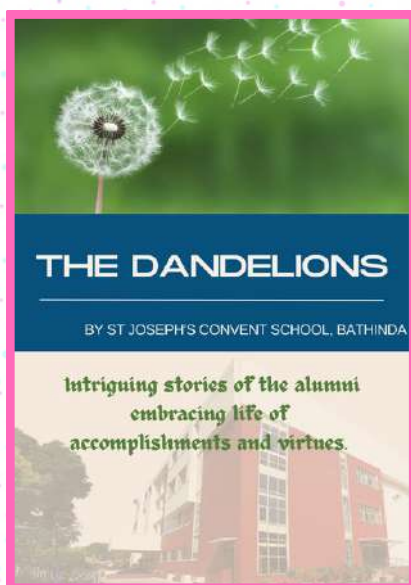
All About Myself

Knowing oneself is very important for one's personal growth. In this activity, Class IV students introspected and identified their strengths and weaknesses. Each student pasted his/her photograph and took pleasure in describing himself/herself.



Launch of Newsletters

St Joseph's Convent School strives to attain new heights year after year. The school launched two newsletters catering the diverse functionalities of the school and achievements of its students.



The Dandelions: A brand new series of e-newsletter on success stories of the school alumni.



Zenith: The second edition of Zenith included the exemplary CBSE Board Examination result for the academic year 2023-24.

Visit www.stjosephsbathinda.org to view the vibrant and phenomenal newsletters of the school.

you can do
ANYTHING
you just have to be
DETERMINED

She
BELIEVED
she could,
so
SHE DID

Competitions

Sports Meet



Sports days are exciting events that bring together athletes, spectators, and the community to celebrate physical prowess and teamwork. Keeping this in mind, St Joseph's Convent School celebrated Sports Meet for Kindergarten Wing. Tiny tots enthusiastically took part in sports activities. The kids participated in various events like running race, lame race, get ready for school race, hurdle race etc. The winners were awarded by Sr Ophilia, Chief Guest and Sr Helima, KG Headmistress.





Colouring

The students of UKG opened their wings of imagination and creativity for colouring a picture. Children dove into their colouring sheets with gusto. The children shared their artistic vision with one another. Thus the competition helped the little ones to explore their talents.



Bookmark Making

Making bookmarks interests children of all age groups. Students of classes I and II designed magnificent bookmarks with crayons and stickers. The children were enlightened about the benefits of bookmarks.





Wall Hanging



On the occasion of Mother's Day, Wall Hanging competition was conducted for Class I. Children prepared stupendous wall hangings by using their vivid ideas to express their love for their mothers. Various positions were bagged by the children depending on the criteria set by the teachers.

Mother's Day Card Making



To celebrate this eternal bond of love between a mother and a child, the school organised a Mother's Day Card Making Activity for Classes II and III. The children enthusiastically crafted beautiful cards filled with innovative ideas. The heartwarming sentiments displayed on the colorful cards filled the atmosphere with love and gratitude.



Vaisakhi Collage Making



Vaisakhi marks the harvest festival in Punjab. To celebrate Vaisakhi our little artists of Class III made beautiful collages with pictures of the festival. The motive behind the celebration was to apprise the students of the rich culture and heritage of Punjab.

Newspaper Reading



To inculcate the habit of reading among students, English Newspaper Reading activity was organised for the students of Class V. The activity not only updated the students with current affairs but also enhanced their general knowledge, reading as well as speaking skills. Children enthusiastically participated in this activity and thoroughly rejoiced it.



English Calligraphy

Handwriting is the mirror of knowledge and an indispensable skill for students. On this account, English Calligraphy activity was organised for Class II. The objective of this competition was to encourage the students to improve their calligraphy skills, develop fine motor skills and to boost their confidence.



Hindi Calligraphy

Handwriting determines your dreams, as beautiful your dream is, so is your handwriting. To fulfil this dream, Hindi Calligraphy Competition was held for Class III students to enhance their writing skills. All the students participated with extraordinary zeal and enthusiasm. It also taught the students the unique structure and beauty of the language.



Card Making



Students of Class IV actively participated in a heartwarming Labour Day Card Making activity, organized to commemorate the hard work and dedication of the helping staff. Under the guidance of teachers, the students crafted thoughtful designs. These cards were used to honour the support staff of the school for their commendable work.



Doodle Art



Doodle Art activity was a burst of creative energy for Class V students. Under the guidance of art teacher, children explored various doodling techniques, from intricate patterns to whimsical characters. Through this activity, students honed their artistic skills and unleashed their creativity in a fun and supportive environment.



Poster Making

Class V students engaged in Poster Making activity centered around the theme 'Environment'. Armed with a colorful array of markers, paper, and boundless creativity, they brought to life scenes of vibrant ecosystems. Each poster stood as a testament to their dedication to environmental stewardship, adorned with compelling slogans and heartfelt messages to safeguard our planet.



Product Advertisement

To enhance critical thinking, Product Advertisement activity was conducted in Hindi language for Class IV. This activity fostered creativity, teamwork and encouraged students to analyze different advertising approaches. Students gained deeper understanding of the role and influence of marketing in society through the activity.



Educational Trips

Kapurthala
Classes IV and V

Exploring, learning
and having the
best time with my
SCHOOL SQUAD!



Destination:

1. Rail Coach
Factory
2. Pushpa Gujral
Science City



Campus Exploration

Students of Class LKG explored the school campus along with their class teachers. They went to various gardens and blocks of the school. They were very keen to know about different plants and flowers in the garden and they curiously asked questions from the gardener. Tiny tots explored all the corners of the school with enthusiasm.

Nature Walk

Class I students embarked from their classes for a nature walk, under the guidance of their class teachers. They explored the beautiful flowers surrounding the school, kitchen garden, playground and basketball court. The students were encouraged to pay attention to their environment as they were asked questions based on five senses.

Special Assemblies

Lohri

Lohri was celebrated at school with enthusiasm and fervour. The Josephite fraternity gathered around the bonfire, dancing to the tune of Punjabi songs and singing the traditional 'lohri' songs.



Labour Day



The school commemorated Labours Day by acknowledging the invaluable contributions of its staff. Students of Classes V and KG presented heart warming greeting cards, flower sticks, and chocolates to the support staff. Principal, Sr Ophelia emphasised on instilling gratitude in children for those who serve them, underscoring the importance of kindness.

Investiture Ceremony

"Leadership is not a position or a title, it is an action and example."

The investiture ceremony is a solemn occasion where the students don the mantle of leadership and responsibility with utmost dedication. St Joseph's Convent School executed Investiture Ceremony of newly elected student council from KG and Primary Wing. The newly elected cabinet members pledged to work earnestly and uphold the honour and glory of the institution while receiving their prestigious sash and badge from honourable Principal, Sr Ophilia and KG Headmistress, Sr Helima. The young cabinet wore uniform and sash, marched proudly, filled the heart of every viewer with appreciation.



House Council of KG Wing (Batch I)



House Council of Primary Wing (Batch I)



Informative Sessions

Orientation for Parents of LKG



Orientation was organised to assist the parents of newly admitted students of LKG. The parents were briefed about the vision and mission of the school. They were apprised with the planned curriculum and functionality of school website and parents panel. Worthy Principal, Sister Ophilia Lobo welcomed the parents as part of St Joseph's family.

Oral Hygiene



Dr Aashna, a specialist in paediatric dentistry, enlightened the minds of Classes II to V. The session delved into crucial aspects of oral hygiene, featuring a demonstration of proper brushing technique and an exploration of the benefits of flossing. The lively interaction culminated in an engaging quiz that saw enthusiastic participation from the children.

Teachers' Upskilling

Learning by Collaborating

Workshop on CBSE Exams

The workshop on modalities to conduct CBSE Examination, focusing on the evaluation of secondary and senior secondary examination was held via virtual mode. The webinar was conducted by Dr Sanyam Bhardwaj, CBSE Exam Controller. He stressed the need to be diligent and careful in invigilation and evaluation.



Annual Staff Conference

Ahead of the new academic year 2024-25, Annual Staff Conference was scheduled for 1 April 2024. A detailed session was led by the School Manager, Sr Grace Maria and Principal, Sr Ophilia. The conference recapitulated the achievements of the previous year and the strategies to be adopted in the coming session to attain excellence. A brief session on mindfulness was also organised to empower the staff with optimism.



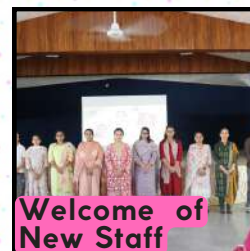
Words of Wisdom by
Sr Grace Maria



Award for Full
Attendance



Session on
Mindfulness



Welcome of
New Staff



Highlights
of 2023-24

Outlook Augmentation

Teachers' training Programme was convened by the school management as per the norms of CBSE. Dr Fr Shinoj Kizhakkemuriyil TOR, National President of All India Association of Catholic Schools, New Delhi was cordially invited to equip the faculty members with in depth cognizance about Psycho Spirituality and Interpersonal Relationships. Educators were acquainted with the knowledge to view situations from a different perspective, broaden their vision especially while dealing with young minds from disparate backgrounds.



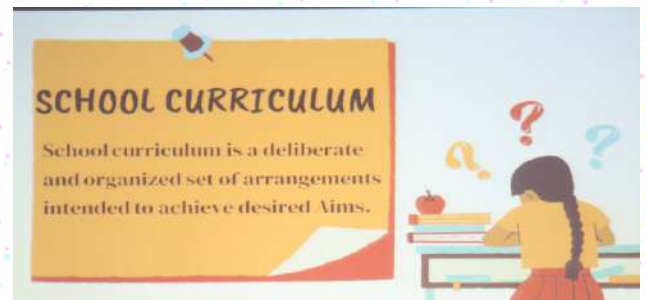
Art Integration

A one day Capacity Building workshop on 'Art Integration' was conducted by the staff members, Mrs Smriti Brar, Mrs Laxmi and Mr Banmeet Singh, who were previously trained through a CBSE workshop. Various forms of 'arts' were discussed and how those can be incorporated in the curriculum of each subject was the essence of the workshop. A questionnaire was given to each group, which was in turn filled by them. Teachers were segregated as per their subjects and activities were conducted. All the teachers participated whole heartedly in the activities and also executed their respective topics ingeniously and enthusiastically.



National Curriculum Framework

The National Curriculum Framework released by NCERT lays down significant reforms in the education system. The document containing over 600 pages were divided among various groups of teachers. Each group presented its topic before respected Sisters and faculty members. The workshop enlightened the educators to adopt teaching methodologies based on child's development from infancy to adolescence.





MASTER STROKE BY EX-JOSEPHITE

बुलंद हौसला • 17,598 फीट की ऊंचाई पर स्थित एवरेस्ट बेस कैंप पर पहुंचे, दून स्कूल के छात्र हैं बटिंडा के हृदय कनोडिया
छोटी उम्र बड़ा कदम...14 साल के हृदय ने किया एवरेस्ट फतह



एवरेस्ट बेस कैंप पर पहुंचे हृदय कनोडिया।

आकाश न्युज | बटिंडा

पश्चिमी कनाडा के हृदय कनोडिया ने 14 साल की उम्र में एवरेस्ट परत कर लिया है। वे 17,598 फीट की ऊंचाई पर स्थित एवरेस्ट बेस कैंप तक पहुंचने में सफल हुए। हृदय के पिता प्रमोद कनोडिया ने बताया कि बेटे हृदय ने 8,500 फीट की ऊंचाई पर स्थित लुक्ला नेचल से अपनी यात्रा शुरू की, जिसमें कई जंगल, नदियां और पर्वत थे। हृदय एवरेस्ट बेस कैंप तक पहुंचे, जिनमें अपने समूह के उन कुछ लोगों में से थे, जो 5,644 की ऊंचाई पर बसोपाया जा चुका है।
हृदय का यह विचार अचानक उभरा था, जिसमें उन्होंने -4 से -5 डिग्री सेल्सियस के बीच ठंडा

हृदय ने कहा कि हमने हिमों की ट्रेनिंग और एक के बाद एक पहाड़ों पर चढ़ने के बाद, अतिरिक्त, यहां ठंडे का अनुभव, जिनको उपर्युक्त के अलावा कुछ भी नहीं है।
एवरेस्ट बेस कैंप एक पर्वत और एडिटेडुन की गिर है। बेटे भी इसे काने का प्रयास कर सकते हैं यदि उनके पास सही मशीनरियां हैं। हृदय कनोडिया पारिवार में दून स्कूल के सदस्यों में शामिल हैं और अपने बटिंडा के सेंट जोसेफ कनवेंट में पढ़ाई कर रहे हैं। हृदय ने कहा कि एवरेस्ट बेस कैंप पर पहुंचने का अनुभव करने में कि इन सब में मुझे एवरेस्ट बेस कैंप चढ़ने का मौका मिला। हृदय

स्कूल में मिली ट्रेनिंग की ट्रेनिंग

हृदय ने एवरेस्ट परत के लिए 29 मार्च को ट्रेनिंग की शुरुआत की थी। उन्होंने पर्वतारोहण की यह यात्रा 6 जुन को खत्म की। उनके दूध में 13 किलो परॉक्सिन थे। हृदय का विश्वास था कि उनके बेटे को दून स्कूल में ही ट्रेनिंग की ट्रेनिंग कराया जाये है क्योंकि एवरेस्ट में सबसे बड़ी शक्ति है। उस हाट रोड 25 से 30 मिनटों में ट्रेनिंग करने की ट्रेनिंग कराया जाये।

की यह एवरेस्ट नहीं इस उम्र के बच्चे के लिए है।

Amidst the shadow of the towering presence of Mount Everest, our ex-student Hriday Kanodia scaled to the height of 17,598 feet to reach the base camp. Such a monumental feat which tests both physical endurance and mental pliability at such a young age of 14 is commendable and gives a euphoric sense of achievement. We wish him success in all his endeavours. May he scale many more peaks of success and keep the flag of his parents and our school high.

**WAY TO M.T.
EVEREST B.C.**

Laudable Landmarks

Achievements of Josephites



Krishav Goyal qualified the mega round of a T.V. Reality Show (Battle of Brains-Quiz Contest) telecasted on Punjabi Doordarshan.



Our students participated in 19th Sub Junior and 9th Cadet Punjab State Taekwondo Championship 2024. Gauraansh Shukla won Gold medal, Jehnaaz Sidhu won Gold and Bronze medal, Kudratleen won Silver medal and Annika won Gold medal.



Kudratleen Kaur won Silver Medal in the 19th Sub Junior and 9th Cadet Punjab State Taekwondo Championship.



Paarth Garg secured the second position in Tennis Tournament (U-10 and U-12 category).



Vaani Garg won a medal in a marathon (BM Education of Marathon).



Garvit won bronze medal in Ramp Walk, Talent Hunt (Dance) and Quiz based on vocabulary words.



Kintan Garg won Gold medal and the third position in Kids Cricket Tournament.



Aivish and Evaan Singla participated in cancer awareness walkathon about early detection and prevention of cancer.



Saadat Singh won two silver medals in District Skating Competition.



Sargun Kaur Mann won two silver medals at District Roller Skating Championship.



Pariza bagged the third position in Fancy Dress Competition at Flower Festival, Bathinda.



Pavni bagged 3rd position in Skillopedia camp at English Finishing School.



Krishav Mittal got certificate of appreciation at India Cubers League 4.O.



Pavni Bindal received a medal and participation certificate at Punjab State U-17 Girls Chess Championship. She also received a certificate of merit at U-17 Girls Chess Championship, Bathinda District.

"This is just a beginning of the academic year 2024-25. The Josephites are armoured to conquer all challenges and embrace triumph."