ST JOSEPH'S CONVENT SCHOOL, BATHINDA



An insight into activities organised from October to December 2024

(Secondary and Senior Secondary Wing)







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From The Principal's Desk



Dear Parents

Educational experience in India is taking a new creative turn with activity-based learning that gives a personal touch and hand-on training to the students. I am sure you will agree with me; when we were students, the school education we received made most of us successful academically. However, the vision was narrow. Many of us did not know what the future held for us.

Here is a striking difference. There is a vast arena of choices before our students now. Education today encourages active participation, allowing students to explore concepts deeply and retain knowledge more effectively. It also boosts confidence, as learners are given opportunities to express themselves, collaborate with peers, and take ownership of their learning journey.

The months gone by have been filled with enriching activities, learning, and growth. Through this e-newsletter, we are delighted to present a glimpse of your child's progress and involvement in the various activities organised by the school staff. We hope you enjoy flipping through these pages that capture their journey.

A special note of appreciation goes to Mrs Meesha Gupta for her dedicated efforts in compiling this incredible e-newsletter, bringing together the highlights of our students' achievements and experiences.

Warm regards

Sr Ophilia Lobo Principal

Vice Principal's Message



Dear Parents

"The job of an educator is to teach students to see the vitality in themselves" says Joseph Campbell

We are proud of our educators at St Joseph's Convent School who not only facilitate in fetching the innermost vitality in the students, but also journey with them on the path of excellence in academics, sports, personality development, and all skills nurturing them into vibrant human beings. Events, activities and learning be it in the classroom or outside; are a part of overall accomplishments and growth in one's potentials and a mirror to the deep hidden strength and liveliness which blossoms in students with an educator's guidance and motivation. All awe and admiration to our entire teaching faculty and the student body who tirelessly climb the ladder of self-realization and victory. May St Joseph our Patron assist us in all our endeavours.

Sr Navina
Vice Principal

Editor's Message



Dear Readers

A well-rounded education moulds children into leaders with both wisdom and kindness. St Joseph's Convent School, Bathinda aspires to bring transformation in education for fullness of life, to develop resilience, critical and value-based thinking in present day digitally oriented learners to navigate life challenges skilfully.

In order to achieve the aforementioned, the school administration curates its each activity to build a strong foundation of a child at an early stage of life. This edition of Prism will take you through the arcade of activities conducted from October to December 2024. These activities played a crucial role in unveiling their talents and in raising the bar of the institution. Prism is packed with diverse events that a reader could envisage the skills of the students and the staff sparkling in the sky like confetti.

This edition is invariably unique since it features creative writing skills of Josephites. The school provides a platform to the children who have a spark for expressing their thoughts and emotions in form of words. A reader will irrefutably enjoy reading and praising the creative thought process of our budding writers.

Wishing you a Happy New Year.

Meesha Gupta Editor and Designer



TALENTTANGENT

ZUMBA









Zumba is about feeling the music, letting go, and having fun. The school conducted a high-energy Zumba class for 10th standard students, promoting fitness and recreation. The session began with a dynamic warm-up, followed by a delightful dance routine that got everyone moving.

BEST OUT OF WASTE.







The school hosted engaging Best Out of Waste competition for class XI on the of Diwali. theme The competition aimed to encourage creativity, resourcefulness, and environmental responsibility. Students crafted a variety of beautiful decorations from The material. competition inspired students to think creatively while promoting the importance of sustainability during the festive season.

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Spellathon activity was conducted for classes VI and VII. The children prepared the assigned subject matter and attempted their best in exhibiting their cognitive skills. This group activity was executed in various rounds, evaluating knowledge from simple to complex level. It aided promotion of spelling skills, vocabulary development, self confidence and concentration.









WEB DESIGNING

An ingenious activity based on Web Designing was conducted for class X. The students took keen interest in developing webpage in HTML. Combining the plethoric HTML tags into a defined code, the students prepared a visually appealing webpage. learners curated a structured program on the school anthem. The activity fostered programming and logical skills of the taught. The webpages brought to life the indomitable spirit of St Joseph's Convent School.











Class VII-E performed an activity based on "Veer chapter Kunwar Singh", which ignited the spark of patriotism among the students. The class was divided into groups, each of which presented a soul stirring patriotic group song. The students' efforts truly laudable, showcasing their talent, teamwork, and dedication. This activity not only fostered a sense of national pride but also boosted their self-confidence.







CULTURAL ACTIVITY

Class VI-A embarked on a vibrant cultural journey, exploring the rich heritage of folk songs from across India. The students were divided into groups, each tasked with presenting a folk song from a different state. The enthusiasm and dedication displayed by the children was commendable. Through this activity, students gained deeper understanding appreciation of the diverse folk songs that represent the various regions of our country.













COMPETITIONS

DIWALI BULLETIN BOARD















Deepavali, the Festival of Lights, symbolises the victory of light over darkness, knowledge over ignorance. It is a celebration of inner selfillumination. reflection, and spiritual growth. As we light the diyas, we embark on a journey towards brighter, more enlightened future. Keeping this spirit, an Interhouse Bulletin Board competition was held for junior and senior houses, showcasing their ideas of bringing in peace, compassion, joy awareness.









CHRISTMAS BULLETIN BOARD













The Christmas spirit surged Bulletin Board competition among four houses of juniors and seniors. Each house displayed their artistic prowess, creating stunning and innovative designs that celebrated the of Christmas. Teachings of Jesus like love, compassion, sympathy kindness and beautifully depicted by the students. The competition fostered healthy rivalry and showcased the collective creativity of the students.















CAROL SINGING

Revered Panel of Judges















The auditorium of the school transformed into a veritable winter wonderland as the students of classes VII-IX and XI congregated to participate in the much awaited Carol Singing Competition. The event was a resplendent demonstration of students' unwavering dedication to their craft, as they regaled the audience with their euphonic renditions of traditional Christmas carols. The audience, comprising respected Judges, revered Sisters, teachers, and peers, were entranced by the students' virtuosic performances.



















SPECIALASSEMBLIES

INVESTITURE CEREMONY







With great pride, the school witnessed Investiture of the second batch (2024-2025) of council members. student Strengthening the foundation laid by our pioneering leaders, this new team of dedicated students from class VII and X were poised to take on the reins, fostering a tradition of inclusivity, innovativeness, and excellence. As we entrust them with the responsibility of shaping our school's future, we celebrate their potential, creativity, and passion.













RANK PROMOTION CEREMONY

















A group of NCC cadets had exhibited their talents and skills at various camps throughout the year. Their valour and diligence of NCC cadets were accredited on the stage of St Joseph's Convent School, Bathinda by venerable Sisters. After being approved by the 20 Punjab Battalion, these energetic cadets were honoured with a rank. The ranks given to them as per seniority was Company Sergeant Major, Company Quarter Master Sergeant, Sergeants, Corporals and Lance Corporals.



































GRANDPARENTS DAY





Students of class celebrated Grandparents Day. Kanta Jaura gladly presided over the function as chief guest. Students showcased their love through their spectacular performances leaving the audience spellbound. hall The resounded with joy of laughter thunderous applause. and These little moments would become everlasting memories minds of the grandparents.



















CHILDREN'S DAY





The school celebrated Children's Day with great enthusiasm. **Teachers** organised a special assembly featuring captivating performances, including songs, skits and dances. The children were delighted to see their teachers on stage, showcasing their talents and dedication. The event was filled with laughter, joy, and a sense of togetherness, making it a memorable day for all.















GURPURAB













school commemorated auspicious occasion of Gurpurab, the birth anniversary of Guru Nanak Dev Ji with great fervor and devotion. The students enthusiastically participated in the celebrations, singing sacred hymns (shabads) from the Guru Granth Sahib, filling the atmosphere with spirituality and tranquility. Principal Sr Ophilia, in her thought-provoking speech, eloquently shared timeless message of Guru Nanak importance of compassion, equality, and selfless service to humanity. The event concluded with an ardas and prasad was served, fostering a sense of community and harmony among students, teachers, and staff.

PRISM





















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FLAGSHIP EVENTS



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IDEATE | INITIATE | IMPLEMEN

















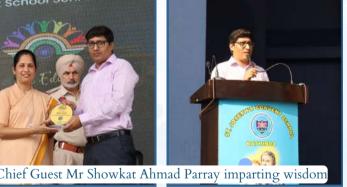






Solaris MUN 2024 commemorated with grandeur hosting over 550 participants from various schools. This prestigious event aimed at honing the leadership and diplomacy skills of the young minds was graced by the esteemed presence of the Deputy Commissioner of Bathinda, Mr Showkat Ahmad Parray as the chief guest and Dr Kashish Gupta as the Guest of Honour. The event concluded with the elaborated Prize Distribution Ceremony. The winners were awarded by the chief guest Ms Amandeep Kaur, District and Additional Sessions Judge, Ludhiana. Dances, songs and after movie uplifted zeal of the event.













JASHAN-e-VIRASAT

ANNUAL FUNCTION

St Joseph's Convent School hosted a captivating annual function titled "Jashan-e-Virasat", celebrating the rich history of Quila Mubarak Bathinda. The event showcased the fort's architectural marvels, historical significance, and cultural heritage through a series of engaging performances and exhibits. Students delved into the lives of prominent figures like Razia Sultan and the fort's association with the Sikh gurus, particularly Guru Gobind Singh Ji, who visited the site. The event was a testament to the school's commitment to cultural heritage.





















TEACHERS' UPSKILING

BES CONVENTION

The Bethany Educational Society (BES), Northern Province, held its annual convention on October 21, 2024, at Sacred Heart Convent Senior Secondary School, Ludhiana where all BES schools from the north participated. This gathering of educators and administrators highlighted the society's dedication to transformative education and spirituality.

Presentations followed on key themes:

- ·Sr Jyoti spoke on the "Spirituality of Education"
- ·Mrs Bharti discussed Fr Founder RFC Mascarenhas's educational vision
- ·Sr Ophilia Lobo presented on "Transformative Education for the Fullness of Life"
- •Fr Xavier Savarimuthu SJ addressed environmental responsibility with "My Earth, My Responsibility".

Sr Rose Margaret summarized the day's insights on spiritual, educational, and environmental growth. Vote of thanks closed the convention, followed by the lowering of the BES flag and the National Anthem, leaving attendees motivated to bring positive changes to their institutions.













BRIEFING BY DIGNITARIES

Sister Erasma, the Corporate Manager BES Northern Province and Provincial Superior of Bethany Northern Province and Sister Rose Margaret, the Provincial Councillor, Provincial Secretary and Coordinator for Pastoral Apostolate visited the school to share their vision, perspective and valuable outcomes of the BES Convention held at Ludhiana on 21 October 2024. Sister Erasma elucidated the educators to evolve their teaching styles by integrating technology meaningfully and to embrace experiential learning. The purpose of the interaction was to bring transformation in education for fullness of life and to develop value based thinking in learners to navigate life challenges skilfully.













Sr Erasma interacting with the supporting staff



STUDENTS' WORKSHOP

TIME MANAGEMENT



A thought-provoking lecture on time management was conducted by Mrs Yogita Bajaj, emphasising the importance of prioritising tasks, setting goals, and avoiding procrastination. Valuable tips and techniques on how to optimize one's daily schedule, making the most of our time were shared with the audience. The session was interactive, engaging, and informative, leaving the young minds with a renewed sense of responsibility to manage their time effectively.







EXHIBITIONS



ART & CRAFT CARPENTRY CLUB





The Art and Craft Club and the Carpentry Club proudly showcased the talented works of students in painting, sketching and carpentry. Through this display, the clubs aimed to highlight the creative journey of young artists as they experimented with colours, textures, and techniques. From vibrant landscapes to thought-provoking portraits, each piece reflected the unique perspective and imagination of our students. The parents appreciated the creativity, skill, and dedication that had gone into each artwork, and celebrated the artistic talents of students.





SCIENCE AND MATH CLUB





Science and Math Club of the school hosted an exciting exhibition during the Parent teacher meet for classes II-IX and XI, showcasing innovative projects and experiments. The event featured an impressive array of displays like acid rain, water purification and earthquake alarm safety model to mathematical art and science fair projects. Students from various grades enthusiastically presented their creations, demonstrating their knowledge and creativity in STEM fields. The exhibition was a huge success, attracting a large crowd of students, teachers, and parents, and inspiring young minds to explore the wonders of science and mathematics.







LAUDABLE LANDMARKS

"Success is the sum of small efforts, repeated day in and day out." — Robert Collier



Aishani Duseja (VII-B) bagged the second position in Badminton Championship at Bathinda Military Station.



Divvy Garg (VI-D) won Gold Medal in Boxing Championship.



Palak Goyal (X-D) won Gold Medal in Powerlifting competition (Khedan Watan Punjab Diyan). She also won Bronze Medal in Powerlifting Bench Press Competition.



Jahnvi Goyal (IX-E) won Gold Medal in Badminton (Khedan Watan Punjab Diyan).



Ashveen Kaur (X-B) represented as Rapporteur in MUN conference held at DPS, Patiala.



Tavisha Garg (VI-A) bagged the third position in SIP ABACUS.



Rudraksh (VII-A) won Bronze Medal in 600 meter race (Khedan Watan Punjab Diyan).



Prahil (VI-C), Divam Bansal (VIII-A) and Vaibhav (VIII-E) bagged the first position in Footaball League (MAFA Academy).



Rehaan (VI-A), Digant (VI-B), Arohi(VI-B), Onish (VI-B) and Naman (VI-D) received certificate of appreciation, medal and a memento in Tallentex organized by Allen Institute.



Dhruv Ohri (XI-B) and Updeshwar Singh Buttar (IX-D) bagged the second position in State Cricket games.



Our students participated in Inter School Art Competition. Tanvi Arora (VII-F) bagged the first position with a cash prize of Rs 2000, Imaanjeet Singh Aulakh (XII-C) received consolation prize and Ashna Jindal (VI-B) got special position.



Aryaman (X-B) bagged the second position in School State Cricket Games. He also secured the second position in School Zone Athletics Meet (100m Race).



Unik Bindal (VII-F) received a Special Mention Certificate and a Cash prize of Rs 500 at GSMUN 3.0 conducted online.



Our students won bronze medal in Under 14 Netball (Khedan Vatan Punjab Diyan)



Pritham Teshwar (VIII-F) won Gold Medal and Bronze Medal in 10m Airpistol Subyouth and Youth Category in Shooting Championship.



Nyonika Garg (VI-A) won consolation prize in Crown Speaker Contest held at English Finishing School, Bathinda.

Dhriti Kanodia (VI-A) bagged second position and a cash prize of 2000/- and a hamper in Inter School Public Speaking Competition held at English finishing school, Bathinda.



Divvy Garg (VI-D) won silver medal in National Boxing Championship.



Arshia Goyal (VII-E) and Aishani Duseja (VII-B) won silver medal and a cash prize of Rs 7000 each in chess tournament (Khedan Watan Punjab Diyan).



Ekamjot Kaur Sidhu, Jasleen Kaur Gill, Ishika and Hasrat Kaur Brar (Class X) bagged the second position and a cash prize of Rs 10,000 in Under 17 Handball State Level Championship of Khedan Vatan Punjab Diyan.



Tanvee Arora (VII-F) bagged the third position in Art Competition (30th Annual Art Competition).



Kouvidh (IX-A) attended IGC RDC Camp and Pre RDC-I and received a participation certificate



Baneet Kaur(VI-A) won the first prize in Diya Decoration Competition.



Binantjot Kaur Grewal (X-C) won Gold Medal in Under 17 Netball game (68th National School Games).



Palak Goyal (X-D) won Bronze Medal in Powerlifting School State Competition.



SECTION 9

CREATIVE WRITING

Original compositions by budding writers of St Joseph's



Earth's Beauty

In nature's realm, where flowers bloom, Their colors chase away the gloom. Petals whisper in the breeze, Dancing softly among the trees. A tapestry of hues so bright, Beneath the sun's warm and golden light. Each blossom tells a tale so sweet, Where earth and the sky in beauty meet. With every bloom, a grateful heart, Nature's beauty, a true work of art. River flow with gentle grace, Through verdant valleys, they trace. Waterfalls with grand display, In crystal drops, the light they play. Nature's wonders, vast and grand, Fill our hearts with peace at hand. In streams and flowers, calm we find, Nature's beauty intertwined.



Harsimran Kaur VII-A

Seasons

Flowers bloom everywhere, Birds sing here and there, People say sun is there, Spring season is here.

Sun shines so brightly,
People close the doors tightly,
Children remove the sweaters happily,
Summer season comes so quietly.

Here's the rain,
It's the end of the pain,
Our clothes get wet in vain,
Rainy season is here again.

No leaves on the trees,
Air in the form of breeze,
Catch cold with ease,
Here's Autumn season with rizz.

On are the heaters,
Here's the sound of gysers,
Cold makes shiver the beggars,
Here's Winter season with jackets and
sweaters.

Seasons come and go, But never let your battery go low.



Sargun Kaur VII-A

Beauty of Imperfectness

Loads of people we know perfectionist and sometimes you want to be like them but it's okay to be imperfect. It also doesn't mean you wouldn't try your best, you should. It also doesn't mean you do everything incorrectly. You probably think the title is beauty of imperfectness but it means stop being a perfectionist for a while, feel yourself do what you love like draw etc but remember when you draw you make a mistake do not tear the drawing, do not try to hide it too, instead make something out of it something beautiful something meaningful let that imperfect artist out of you open the door for it rather than letting it try to knock on the door of your heart.

Like the famous saying, "Life of anybody is not perfect; there are always things that happen and that is what makes it interesting". In end there is only one thing to left to say, we should enjoy our life and stop always being a perfectionist.

Aatamjot Kaur VII-C

Global Warming

Global Warming refers to the longterm heating of Earth's surface observed since the pre-industrial period due to human activities, primarily fossils, fuel burning, which increases heat-trapping greenhouse gas level in Earths atmosphere. This increase in green house gases traps more heat, leading to a gradual rise in global temperature.



Natesh Munjal VII-C

SIDE EFFECTS OF GLOBAL WARMING

Extreme Weather Events, Rising Sea Levels, Disrupted Ecosystem, Food Insecurity, Forced Migration, Economic Impact, Ocean Acidification, Increased Wildfires, Disrupted Water Cycle, Reduced Agricultural Productivity.

CAUSES OF GLOBAL WARMING

Burning Fossil Fuels
Deforestation
Industrial Process
Agriculture
Transportation
The Green House Effect



Friendship Part I

Friends are like the stars in night,
Twinkling bright with love and light,
They guide us through the joys and
fears, They do wipe our sad tears.
We share our joys and sorrows too,
Every day to clear our tears,

They lend a helping hand or a listening ear,

They make our heart feel happy and clear.

Sudhir my friend a precious find, A friendship of love and mind.

Part II

Friends are like a bright sun,
Taking us to the right way,
They cry with us,
They laugh with us.
We share our thoughts and ideas too,
They take our problems and,
Lead us to move with grace,
There are some true and fake.
Fake are the ones who leave in toil,
True are the ones who help in toil.



Waris Garg VII-C

Inspiration &

Taking inspiration helps us to achieve anything we want. We can take inspiration from every single thing around us. Let us start from surroundings. Whether we are at school, home or any other place, we see walls around us. These walls inspire us to stand strong. Walls give us the message to face every problem life with of confidence and poise.

We can also seek inspiration from books and notebooks. Their pages are bound together which highlight the importance of unity. If the pages are torn or are scattered here and there, they lose their meaning. Even tiny creatures like ants inspire us. Most of us have seen ants. They always keep on working and remain in discipline. Good books are a very important source for inspiring a person.



Mihira Jain VII-F

Biographies, autobiographies etc. related to great people can inspire us a lot.

Every person around us has a certain good quality. We can start to seek inspiration from the people around us as well as from the famous personalities like M.K. Gandhi and APJ Abdul Kalam whose life stories inspire us to lead a meaningful life.

In the end, I would like to say

- "Seek inspiration from
everyone and be a person to
whom everyone looks up for
inspiration."

Dreams

Dreams, dreams, dreams! is the only word behind which everyone runs. If we just try to imagine, why are we studying, we will get a quite significant answer - to achieve our dreams. In every work we do, lies imagination of achieving our dreams. But, can we achieve by dreams dreaming? No, not at all. If one dares to dream, he/she has to dare to work hard. Hard work is the only key to unlock all the doors to achieve our dreams. Our success demands sacrificessacrifice of sleep, sacrifice of entertainment, sacrifice of social life, sacrifice of all sorts of distractions. If we are ready to make these sacrifices, we are ready to achieve success. In order to achieve success, one has to remember "Failure is not the opposite of success, failure is the part of success".



Madhvi VIII-B

Remember, while walking on the path of success, we shall certainly face stones failure, which we have either overcome or remove, only then success will be ours. Proper Management of Time and Discipline also plays crucial part of our success. If we don't expect ourselves to work on time, how could we expect time to give us good results? Remember, every morning we have choices--either continue to sleep with our dreams or wake up and chase them. Dreams do not become true on its own, It takes sweat, determination and hard work!

Limitless Flight

Since childhood, I dream to become a pilot, By studying and crawling step by step, I want to become a pilot.

By reaching the heights, I want to fly high.



Mannat Sidhu VIII-E

I am flying in the sky as a bird flies.

I fly in the sky and enjoy its horizon.

Daily, I explore new things, new scenes by becoming a pilot and fly as a bird flies. By becoming a pilot I dream daily of tomorrow's sky.

Passing through clouds and flying in the blue sky. By flying I talk with air and enjoy that priceless moment.

By enjoying that priceless moment,

I feel, we all should dream big as I dreamed to
become a pilot and fly high in the sky and fly high
in the sky.

Allusion With Illusion

A Museum of misery, A Library of lessons, A History of artistry, With various impressions. The higher the mountain, The greater the fall, Do none, or do it all. Being empty, I need it back! The life inside me, That I now lack. Its easy to let it slip, But never lose your grip. Be a stormy weather, Don't lose your feather. Try to glue them, They are your gem, Yes, sometimes its tough, But don't give up, You're good enough. Coming to the conclusion, That perfection is an illusion.



Suman Monga IX-E

School

"School" a six letter word consisting more than six billion memories.

The noisy classrooms, the chaotic corridors, the silent ground is something very close to my heart.

That one subject which actually made me feel smart.

I just wonder that in a breeze all this will just become memories.

That one PT period we wait for all the week, makes us realise something's are worth the wait.

Oh, how I love that classroom, that ground, that art room, everything about that school.

St Joseph's is not a school anymore it's an emotion, a feeling, a feeling of love for us.



Twisha
IX-E

But then again, our classroom will not remain OUR classroom anymore.

Our class teacher will not remain OUR class teacher anymore.

How I wish to stop this time just to get some more time in this school.

Then again,

"School" a six letter word consisting more than six billion memories.



Always

Always the poet never the poem.

Always the bridesmaid never the bride.

Always an admirer never the admired.

Always the reader never the story.

Always the helper never the helped one.

Always a choice never the chosen.

Always the thorn never the flower.

Always the forgotten never the memory.

And maybe some people are just meant to write and not to be written.

It hurts having to see or hear someone's story knowing that I don't have one of my own.

I know I am not the average "pretty main lead" of every story we see who always get everything she admires

And everyone says there's a special story for you but mine is pending and will never happen.

I've turned everyone I loved into a masterpiece and a beautiful art while I was life broken like a glass.

And maybe this is the ending of my story. maybe it was supposed to end like this.



Twisha

The Feeling of Getting Lost in a Book

I dreamt of reading a book about planets, universe and space,

And luckily my father got it for me

when I won my school race

I immediately started to read it after dinner, Without seeing the time or talking with any figure

Everyone slept but I was still reading the book,
I didn't know what the time was and nor did I want to know

I visualised myself as an astronaut off to explore the universe, Along with the galaxies and our planet Earth

I was floating in the air In the secret universe, Stepped on the moon and its craters



I got a glimpse of
Venus, Mars and Jupiter,
Also spotted constellations
like
Ursa Minor and Ursa Major

Just then my morning alarm sang
Ting Tang Tung,
Realising me, for going to space
I was too young

Well, it was all my imagination, Which gave me a glimpse of special illumination

Like now,
when the stories in your mind
start to cook,
Well that's the feeling
of being lost in a book.

Being Second Best

This poem portrays the feelings of a student who is always striving for the top, but is at the second. This time she feels something different as she thought she knew her potential but was again compelled to accept something different. Through this poem, I desire to share her experience of self-realization; how she used her defeat as a fuel to keep the fire of achieving more burning.



Seerat Kaur Sandhu X-B

When comes the biggest shock of all

When you feel like you've lost it all

But you think there are plenty other ladders to climb.

Destiny replies, "Patience, child. Maybe another time."

As time passes, your failures, you forget,

But what stays with you is the regret,

That what you wanted, you could've achieved...

But alas! You were deceived Shadows of arrogance, overconfidence and perhaps greed

Covered you and your inner self

And now to God I plead
To grant me inner peace.